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Banish winter blues page 14

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Lack of participation in political life alarms Jewish leaders

Local Jewish activists believe the community must get more involved in the political process if their voice is to be heard. The CCRC has responded by offering seminars and workshops that help do just that. Rubin Friedman explains.

According to national Jewish organizations and local Jewish activists, there is a crisis in Jewish participation in the broad community and in partisan politics in particular.

David Cooper, assistant director for Government Relations of the Canada Israel Committee, lamented the "dearth of Jewish representation in partisan politics."

"CIC has developed a number of

programs to address this issue, including young leadership training, grass roots training in advocacy, our parliamentary internships and, of course, CIJA-PAC."

Jewish political activists in Ottawa echoed Cooper's alarming assessment.

Joseph Ben-Ami, who was a member of Stockwell Day's leadership team, has been a federal Conservative activist for 25 years. He sees the issue as a withdrawal of young Jews from civil society.

"I think Jews are finding their place as volunteers and candidates for political parties. But we seem to have withdrawn from the broader dialogue on policy. There aren't enough people bringing a Jewish

(Continued on page 2)



Leah Schweitzer (left), Joel Pearl and Estelle Gunner are this year's winners of the Soloway JCC awards.

(OJB Photo: Barry Fishman)

Soloway JCC award winners announced

Leah Schweitzer and Joel Pearl are recipients of the Grossman-Klein Family Teen Leadership Award for 2005, presented to recognize outstanding dedication and service to the Jewish community.

Pearl is active in USY, NCSY and student government at Sir Robert Borden High School.

Schweitzer is a leader in both

NCSY and BBYO and serves on the student council at Yitzhak Rabin High School.

Estelle Gunner is the recipient of the 2005 Ben Karp SJCC Volunteer Service Award for continued outstanding volunteer service on behalf of the SJCC.

Gunner is co-chair of the Greenberg Families Library and has developed the library's liter-

ary and musical programming. As current president and one of the founding members of AJA 50+, Gunner has contributed to programming for older adults at the SJCC.

The awards ceremony will take place at the annual general meeting of the Soloway Jewish Community Centre on Thursday, February 24 at 7:00 pm.

Rabbi and psychiatrist search for meaning

By Barry Fishman

It was the centennial year, 1967, and Rabbi Dr. Reuven Bulka was about to read a book that was to have a profound affect on him.

He was sitting in a University of Ottawa professor's office talking about his interest in Judaism and psychology and his desire to work towards a post graduate degree, when it was suggested he read a

book by a psychiatrist and Holocaust survivor the rabbi had never heard of - Dr. Viktor Frankl, the founder of logotherapy.

It was, the rabbi says, "like a eureka experience. It was so in line with what I was thinking."

Rabbi Bulka would not only get his masters degree, but would go on to get a PhD in psychology on

(Continued on page 7)

Jewish Unity Live ... page 9

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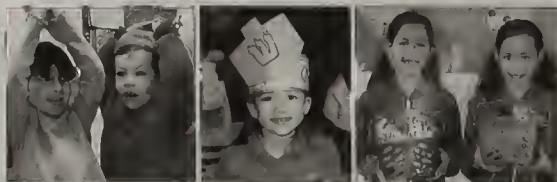
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Jewish leaders alarmed

(Continued from page 1)

perspective to broader community organizations. As we live in a democracy, it is these grass roots movements that ultimately affect government decisions.

"For religious Jews, there is no point complaining about the outcome, if you haven't been part of the process. In our democracy, we are the government. If you don't make your views known, don't be surprised if government policy follows the views of others who have spoken out."

Marlene Rivier, NDP candidate in both the last federal and provincial elections, agrees that Jews have become too focused on their internal issues.

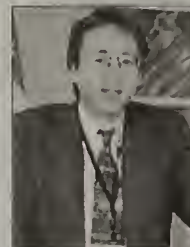
"As the community has become more established, it has become complacent about social justice."

"Tzedakah, Kehillah and Tikun Olam have always been the most important to me and that is why I continue to fight for them through politics. We need to get back to our roots and not lose sight of the big picture."

"Just because you hear voices on foreign policy that don't agree with your views, you don't walk away from the debate. Your voice will not be heard if you are not at the table."

For David Goldstein, long-time activist in the Liberal party, the matter is pressing and of vital concern.

"The community has done a great job of grooming fundraisers and community leaders. But it has failed miserably to groom young



Jonathan Calof

people to take part in partisan politics at all levels. Partisan politics is where you get things done, which will affect your life. The lack of Jewish involvement is shameful."

"I am concerned that the Jewish community is losing its influence with Canadian politicians because of this. All parties are in a state of flux. If we don't get off the couch, we will have no say in what happens. Get involved so that you can make a difference."

The Communications and Community Relations Committee (CCRC) of the Vaad hopes to meet the challenge of lower Jewish participation.

According to the chair, Jonathan Calof, "under the new Vaad/UJA structure, the CCRC will have an even stronger mandate to build outreach to other communities, to get involved with media, government and other public institutions."

To that end, the CCRC will be rebuilding its membership and running programs over the coming months, which will provide people with the tools they need to participate and the

opportunities to do so.

On March 10, a panel of Jewish political experts will talk about how to get involved in the partisan political framework, how to get active and how to be heard: from stuffing envelopes and going door to door in political campaigns to helping draft political platforms and getting your input into the policy development process.

Panelists who have worked in the prime minister's office, in a minister's office, for an MP and for candidates will be on hand to discuss the ins and outs of political involvement. Newcomers will learn how to get their feet wet. Experienced advocates will get a refresher course from those with the latest information.

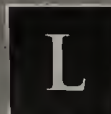
Later programs will expand to look at interaction with media and give opportunities to meet with people from other ethnic and religious communities to look at how to combat the stereotypes that affect us all.

The new CCRC will provide information on the activities of members of our community who work with other communities and public institutions such as the police, education groups and government and media.

As Calof noted, "We see ourselves as helping Jews to become more active, both as individuals and as a community. Join us and learn how you can help build your own future."

For further information on CCRC programs, contact Francine Greenspoon (798-4696, ext. 255).

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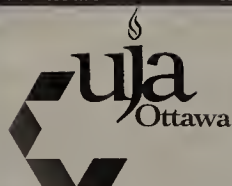
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Volunteer Profile: Jeff Eisen and Steven Kimmel

Connected to Ottawa

UJA's 2005 Top Donor co-chairs come from two different places.

Steven Kimmel is a born-and-bred Ottawan, while Jeff Eisen spent most of his life, until recently, in Pembroke.

Philosophically, however, both men come from the same place – committed to family and to giving their time, energy and resources to UJA.

"I've been donating to UJA for 31 years," says Eisen. "When growing up in Pembroke, Ottawa would send a UJA contingent with a couple of trays of food. Hy Hochberg and Alex Becherman would arrive with trays in hand to canvass us. And despite the distance, I always felt connected to Ottawa."

It wasn't until last year that Eisen cemented that connection and moved his family to Ottawa.

Kimmel has been actively involved with UJA since the early 90s. "I've seen this city grow up," says Kimmel. "Over the years the community has supported our family business. I feel I owe the community something and want to give back, and I encourage my children to do the same."

Both Kimmel and Eisen confess that their experiences on Missions to Israel helped pique their interest and solidify their commitment to UJA.

"The '96 mission to Israel provided me with a greater understanding of the need for continued success in the UJA campaign," says Eisen.

For Kimmel, it was the '95 Mission that helped motivate him to greater involvement with



Steven Kimmel and Jeff Eisen

UJA and, since then, he has not looked back.

"All the Top Donors have been a pleasure to deal with, particularly since they have such a clear understanding of the community needs," says Kimmel.

In addition to co-chairing UJA's Top Donor Division, Kimmel has worn many communal hats, including participating on the board of Hillel Academy and his current role as president of Agudath Israel Synagogue. He plans to turn up his commitment a notch or two in the year 2007 when he becomes UJA's campaign chair.

Besides co-chairing the Top Donor Division, Eisen sits on the UJA committee of the Vaad, which in itself is very unique, in that he is the only person on the committee who has not been a chair of UJA.

"I feel very honoured," says Eisen, "that in a few short years I've been given the opportunity to participate in the cabinet and have moved from simply giving

to giving and doing, and that feels very good."

Agency Profile: OTI/Machon Sarah High School

Motivating students to learn

When Grade 12 student Daniel Kaiserman was asked to comment on his experience at Ottawa Torah Institute (OTI), he enthused, "Every day is packed with excitement and peppered with learning. Every day, we acquire new knowledge and learn more about each other."

While religious Jewish high schools may not be in abundance in Ottawa, what we seem to lack in quantity, we make up for in quality – and Ottawa Torah Institute is a case in point.

OTI offers a top-quality Jewish education in Talmud, Chumash, Navi, Halacha, and Jewish history – coupled with Ministry of Education-accredited secular courses. OTI consists of two campuses; one for boys at 151 Chapel Street and Machon Sarah High School for girls, located at 1400 Coldrey Avenue.

"Our strength is the motivation of our students and the fact that people come here because they want to be here," says Rabbi Ben-Porat, Dean of Hebrew studies.

Rabbi Eliezer Ben-Porat, Rabbi Boruch

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Ukraine immigrant creates PC security solution

By Lisa Samin
(IPS) At the age of 5 1/2, two events shaped the course of Zak Dechovich's life forever: his family moved to Israel from the Ukraine and his father gave him his first computer. Twenty-one years later Dechovich is the founder and managing director of his own high-tech start-up, SecureOL.

SecureOL, Ltd is developing a revolutionary technology that claims to provide an all-in-one security solution for virus attacks and complete protection from intellectual property theft, fraud, cyber crime and cyber terrorism.

The technology is based on "security by virtualization," a new approach that makes viruses irrelevant by putting them in their own virtual environment where they cannot cause any damage.

Although Dechovich had a natural talent for computers (he was programming by age six), it was his brief teenage detour into the

world of hacking and his elite army service that prepared him to launch the technology that he feels will set new global standards in information technology.

Dechovich's first years in Israel were spent at an absorption centre in Jerusalem where he already felt separate from the other kids.

"I thought and envisioned things in processes, as if I was working on the computer," says Dechovich. "By the time I was in first grade I understood that I could create new worlds through my fingertips."

During elementary and junior high school Dechovich displayed little interest in his scholastic studies, but excelled in the sciences, and was fascinated by the rapidly developing world of computers. When he was introduced to a modem at the age of 14 (before the Internet came into everyday use), he started experimenting with modem to modem possibilities, and quickly figured out

how to hack telephone companies and copy calling card numbers. This led to his ability to actually write viruses and Trojan horses, and to access other systems.

"Only a true hacker can develop an anti-hacking technology," says Dechovich.

Dechovich graduated from high school as an outstanding student in industrial chemistry, and was recruited into the military police unit of the Israel Defense Forces (IDF). It was here that he started to learn the skills that would lead him to become a promising young entrepreneur – daring, confident and able to manage both people and complex tasks.

While serving in the military police, Dechovich was selected to participate in an investigation course and then placed in the prestigious Criminal Investigation Department (CID).

"At this point I learned how to work with people from all different backgrounds," says Dechovich. "The Israeli army is a melt-



Zak Dechovich (left) with the CEO of DataSec, which is marketing SecureOL's first commercial product, VE2.
(IPS photo courtesy of SecureOL)

leading roles in Israel's high tech industry.

"The military invests in education and in human potential. It gives soldiers the opportunity to use their capabilities, to utilize their potential and to delve into new areas and experiment within a closed framework," says Dechovich.

Upon leaving the army Dechovich went straight into a high tech company, with a high salary and good benefits. But he quickly became bored. He yearned to do something on his own, with the ideas that he had been developing over the years.

When he decided to start SecureOL with friend Yaron Mayer, an artificial intelligence expert, he went straight to a technological incubator for the initial investment. The remainder of the investment came from his father, who holds a PhD in electronics and served as the general director of AVX – a leading worldwide manufacturer and supplier of electronics.
(Continued on page 8)

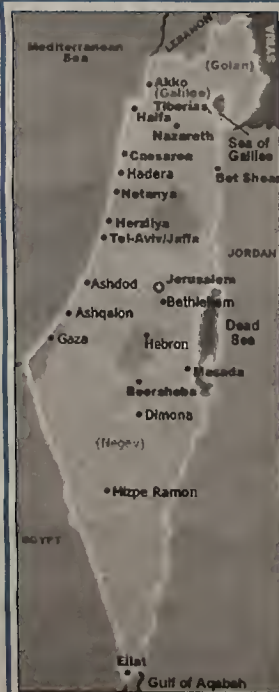
ing pot and an immediate equalizer. Your status in civilian life doesn't enter the army, and I was in charge of people who were older and more educated than I was."

A short while after joining the CID, Dechovich became an officer and was responsible for the computerization of the entire unit. From there he was in the position to create the army's

first cyber crime unit.

"Here I was at the age of 19, leading a team that was establishing procedures for a completely new unit in the army," says Dechovich. "I had a capable staff and superiors who totally believed in me."

This, says Dechovich, is the beauty of the Israeli army, and the reason so many officers are playing



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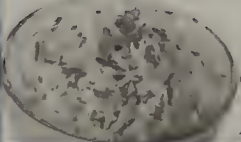


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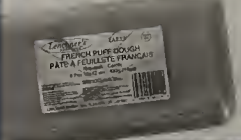


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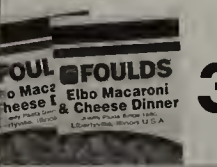
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May 15th will be an important day in the lives of many of our community members. On that day, the annual UJA Mission to Israel departs. For some, it will be their first mission experience; for others, one of several.

In fact, this year will be my third consecutive mission and, I confess, I eagerly anticipate this mission, as I have every other. It is an experience that has never been anything short of extraordinary, each one as distinct as the people participating and the country we're visiting.

I have also enjoyed the added good fortune of having one of my daughters join me on each Mission to Israel. This year, I hope to have two daughters come along.

The impact of seeing Israel together with a teenager is an experience that can't be measured and one, I'm confident of saying, my children will remember for as long as they live.

Over the last few years, our fair city has



VAAD Report

Arnie Vered
President

gained a reputation for its mega-mission delegations, and, I am happy to report, this year is shaping up similarly. Thus far, over 80 people have signed up.

Mission participants represent a true cross section of the Jewish community of Ottawa: young and old, Reform, Conservative and Orthodox, first timers and experienced travellers – all committed to Israel and the future of our Jewish community.

Mission Chairs Neil Shinder, Barbara Crook and Ron Prehogan are heading up a

multi-tiered mission with three distinct tracks to suit the needs of all.

We are also fortunate to have with us Marty Davis, Jack Silverstein and Mitchell Bellman as our professional leaders.

The first-timer track will visit the Golan Heights, the Kibbutz Ayelet Hashachar Absorption Centre and Yad Vashem and experience their first Shabbat in Israel.

For the more experienced mission participants, track two offers a more in-depth view of Israel. They will visit a secret arms factory and Menulla and have an opportunity to meet Knesset members from different parties.

For those interested in a study-driven mission, the third track will provide a variety of seminars, including one on *Israel and the Media* and another on *The Shoah-Two Generations Later*, to be conducted after visiting Yad Vashem.

All will see first hand how Israel benefits from UJA's assistance in the performance of its continuing mandate in the settlement of Jews in peril and in providing assistance to those in need.

UJA missions are full of insight, bringing people face to face with the major issues confronting the country and its people. This enriching sojourn offers a powerful glimpse inside Israel's social, cultural and political mosaic.

Missions are unparalleled, moving experiences that combine spiritual and educational enlightenment with a wonderful opportunity to bond with fellow Jews and experience a renewed appreciation about being Jewish.

Missions to Israel are bridge-building experiences between our fellow Jews in Ottawa and our brethren in Israel.

Anyone considering joining the 2005 Mission to Israel or requiring more information, please call 798-4696, ext. 304.

Kabbalah the soul of Judaism

In our community, there is an unprecedented interest and great thirst for Judaic knowledge. Today, you can find a class on almost every facet of Judaism, from Talmud to how to kosher your kitchen, from learning aleph-bet to the mystical dimension of Torah. Materials are now available in English and presented in a user-friendly format, allowing everyone a meaningful learning experience.

One such program is the Jewish Learning Institute's *Men, Women and Kabbalah* that I am teaching to over 40 students at the Soloway JCC.

We all know that *Kabbalah* is a popular (and unfortunately sometimes misused) subject today. Some may even call it a fad. Yet, *Kabbalah* has a lot to offer and therefore it's great that more people are interested in learning about the mystical side of Judaism.

When Moses went up to Mount Sinai to receive the Torah, he received this oral mystical tradition (hence called "*Kabbalah*") which means "received" within the context



From the pulpit

Rabbi Menachem
Blum
OTC Chabad

of the Torah and its commandments.

While one can taste the teachings of *Kabbalah* even without being particularly observant of Judaism, one can't detach it from its source. *Kabbalah* is the soul of Judaism. *Kabbalah* provides the map that allows us to connect with the creative energy that is our own source and the source of everything around us.

Kabbalah was a restricted area of study in earlier generations that was guarded and preserved in the wake of its first abuse.

However, the truth is our ancestors did not necessarily need the *Kabbalah* to help them spiritually. Judaism made them tick.

The Kabbalists always said that a time would come when their teachings would become available to everyone. As the darkness of exile increases, we require a higher light to overcome it. *Kabbalah's* blend of profound thought and down-to-earth spirituality, which call forth the deep, hidden resources of the human soul, is much needed today.

Close to 2000 years ago, Rabbi Shimon Bar Yochai wrote about it in the *Zohar*, the basic book of Kabbalah.

There is a verse in Genesis (7:11) that says, "In the 600th year of Noah's life ... all the fountains of the great deep burst forth and the windows of the heavens were opened."

The *Zohar* interrupts this verse as an allusion to the following: "After six hundred years of the sixth millennium (the year 5600, corresponding to the civil year of

1840) the gates of wisdom above and the fountains of wisdom below will be opened, and the world will be prepared to enter the seventh millennium, just as man prepares on the sixth day (Friday) when the sun is about to set to enter the Shabbat ..."

The "gates of wisdom above" refers to the wisdom of the Torah, specifically the insights of the inner, mystical teachings of the Torah; while the "fountains of wisdom below" refers to worldly wisdom and science.

We see indeed that the date mentioned marks a period of an increased revelation of the teachings of *Kabbalah*, as well as the beginning of an unprecedented development of worldly sciences. This is all a preparation to enter the seventh millennium, the Messianic age when "The whole earth shall be full with the knowledge of God" (Isaiah 11:9).

Pirkel Avot: the wisdom of our sages

"Three people who dine together and share words of Torah amongst them is as if they are eating a meal directly from the Table of Hashem." Avot Chapter 3, Mishna 4

By Rabbi Boruch Perton


Do we eat to live, or do we live to eat? A famous question posed by many great philosophers.

What priority does the food take during a meal and what role does the atmosphere play? This Mishna is teaching us that it is fine to enjoy a delicious meal, and it is great to take pleasure in an evening supper with friends and family; however, don't miss this very special opportunity to share your Jewish values with those at the table.

In my home, dinner is the only time we sit

together daily as a family. In other homes, it may be less frequent. This is especially true as children grow up.

Shabbat or Yom Tov might be the only opportunity for that special family time. Seize the moment! Discuss Jewish issues, Israeli politics, issues that face us as a nation and, of course, discuss words of Torah. The Mishna is giving us practical advice: turn meal times into opportunities to share your values and, by doing this, you will elevate the status of the meal from "living to eat" to "a meal directly from the Table of Hashem."



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bulletin

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The rabbi and the psychiatrist

(Continued from page 1)

logotherapy and religion.

After reading the book, Rabbi Bulka wrote Dr. Frankl and began a friendship and working relationship that would last until Frankl's death on September 2, 1997. Over the years, the rabbi would visit Frankl in Vienna, California and Rochester and speak to him numerous times. In fact, the rabbi officiated at the unveiling of the Frankl gravestone.

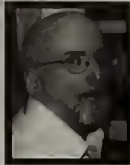
So why is the rabbi so enthralled with the work of Frankl?

"If you had to write a meaningful psychology based on religious values [logotherapy] that would be it. The general approach is consistent with any religious tradition that is meaning focused," he says.

Viktor Frankl's theory and therapy grew out of his experience in Nazi death camps. He noticed those people in the camps who had hope of being reunited with a loved one, projects they needed to finish, or great faith tended to have a better chance of surviving than those who had lost all hope.

His book, *Man's Search For Meaning*, was written upon Frankl's return to Vienna after liberation, and was dictated over nine days. The book has sold over nine million copies, has been translated into 24 languages and voted one of America's 10 most influential books by the Library of Congress.

Logotherapy, literally defined as 'therapy



Editor

Barry Fishman

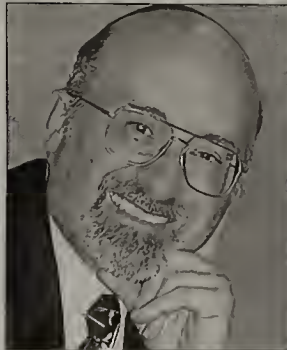
through meaning,' helps patients find a more meaningful existence in life by helping them focus on things that matter rather than the trivial. It tries to help the individual see life in a broader perspective. It also deals with the issue of how we endure suffering. Frankl believed we must have the courage to ask, daily, what life wants of us, and saw our prime motivating force as our will for meaning.

Frankl was an immensely talented person with a great sense of humour and was an amazing caricaturist. The rabbi laughingly remembers the drawing Frankl did of him the first time they met in Vienna.

"In a few seconds, he had a caricature of me ... He had an obsession with eyeglass frames that was really funny.

"He was a multi-dimensional person who, like all of us, was not perfect. He had his imperfections, but, like he said, 'it's the imperfections that make us unique,'" the rabbi fondly remembers.

Frankl was a popular lecturer because he



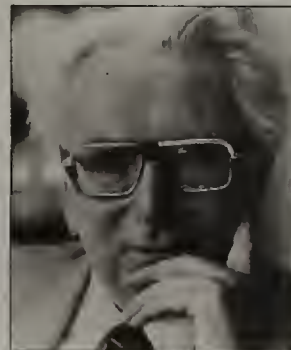
Rabbi Dr. Reuven Bulka

talked about what was relevant to people's lives. His helpful insights and positive orientation struck a chord among the ordinary folk.

For Rabbi Bulka, the lasting legacy of Dr. Viktor Frankl can be summed up in one word: meaning.

"Focus on the meaning, not the immediate moment but the focus of your life. Think in terms of doing things that are meaningful and have legacy attached to them, instead of things that are self-serving and have no meaning whatsoever."

To commemorate what would have been the 100th birthday of Viktor Frankl, Rabbi Bulka will deliver a lecture on



Dr. Viktor Frankl

The Enduring Legacy of Viktor Frankl.

The inspiration behind the talk is to give people the opportunity to learn how Frankl's work can help them in their daily lives. It is, says the rabbi, "an opportunity to share what he was all about and to learn what he stood for, because it is something that we can all gain from."

The evening will also feature a short film on Frankl, *The Choice is Yours*, narrated by Richard Dreyfus. The free event, sponsored by Congregation Machzikei Hadas, 580 CFRA and the *Ottawa Citizen*, takes place on Wednesday, March 16, at 7:30 pm, at the National Library of Canada, 395 Wellington Street.

So you want to be a synagogue president

"Take my name off the list for the dinner," my fellow congregant demanded. "This shul treats people really terribly. You won't see me here too often in the future."

I was at morning *minyan*, and the person in question was extremely agitated, despite the early hour. The dinner to which he was referring was part of a weekend celebration honouring our rabbi.

Over the previous month, I had worked hard organizing the dinner, helped by a group of exceptionally dedicated committee members. The dinner and entire weekend full of events were generating lots of positive energy among the committee members as well as within our synagogue as a whole.

That's why I was in no mood to pursue the issue with him, either then or afterwards.

But the encounter got me thinking. I used to serve on my synagogue's board, but, after a few challenging experiences, decided I could best help out by volunteering in other capacities. At the same time, there are others in our community, particularly those who have agreed to become synagogue presidents, who have done outstanding jobs despite occasionally having to contend with problem situations and difficult congregants.

I wondered how they had done it and



How I see it

Bob Dale

why they had decided to take on the presidency in the first place, given the long hours and contentious issues in which shul boards usually get involved.

I also wanted to find out what they had got out of the job.

To find out, I got in touch with three shul presidents: David Freeman of Congregation Machzikei Hadas, Steven Kimmel of Agudath Israel Congregation and Jack Shapiro of Congregation Beth Shalom.

Let's start with the early-morning conversation that prompted me to research this column.

"If you take everything personally," said David Freeman, "you'll have a heart attack."

Despite those words of warning, Freeman admits that he most certainly takes things personally some of the time, and has had to grow some very thick skin. Based on the customer-relations skills he's

learned in business, he smiles a lot at his congregants, despite what he sometimes feels inside.

Freeman, who has got lots of satisfaction from his involvement in leadership roles at Congregation Machzikei Hadas and in several other community organizations, has also made an important discovery.

"The people who complain at shul," he says, "are the same people who complain at Hillel Academy, at Camp B'nai Brith and elsewhere. You do your best, but I don't think you'll please that small group of individuals no matter what you do."

Steven Kimmel also admits to getting frustrated with a small minority of his congregants, the ones who specialize in "misinformation and miscommunication, who react negatively to what is going on, who stir the pot without knowing the facts."

Instead of dwelling on them, Kimmel prefers to focus on the positive changes he and his board and committee chairs have brought about during his tenure as synagogue president. Kimmel is particularly proud of the role he played in hiring Cantor Sheur Bielak (who has distinguished himself at Agudath Israel and in the general community), and in helping in the transition from Rabbi Arnold Fine (who retired last year) to the congregation's new

spiritual leader, Rabbi Charles Popky. Other accomplishments include the shul's priority of attracting younger families, and of introducing improved youth programming.

Jack Shapiro, unique among local synagogue presidents, has had virtually no negative feedback since he took over as president almost two years ago.

Shapiro admits that the congregation's decision to move to mixed seating generated controversy among some members, who subsequently made the decision to leave Beth Shalom. Those who stayed, he says, were totally committed to the board's plans, not only in relation to seating, but also in terms of the costly renovations that needed to be done to the synagogue's aging building. It was tough going at first, says Shapiro, but things worked out because those people backed up their words with actions.

"Nobody, and I mean nobody, said no to me," he continues, obviously pleased at the results. Many people, he boasts, both on the board and in the general membership, chipped in and helped it all come together.

In my next column, I'll look at why our three synagogue presidents took on the job, their proudest accomplishments and their biggest regrets.

Innovative office supply program benefits charities and Israel

By Barry Fishman
As children, brothers Motek and Gregory Konopny always looked forward to their annual fall visit to the office supply store.

"We were fascinated by the back-to-school supplies available and could spend hours in the store just looking around," recalls Motek.

As children, the brothers

learned from their parents and grandparents the importance of charity and giving back to your community both financially and by volunteering.

Flash-forward to 1997 and – surprise – the brothers are the proud owners of the successful web-based *Office Supercentre*. The company, with distribution centres throughout the country, offers its clients next-day free delivery, very competitive prices and a liberal return policy. The brothers are also heavily involved in charity work in both the Jewish and non-Jewish communities in Toronto.

And then they had the big idea. Their business could "become an amazing tool to raise money for charities" and help Israel at the same time, says brother Gregory. Now, every time a client makes a purchase, five per cent of the value of that purchase is used to buy Israel Bonds. The client decides what charity to give the bond to, receives a tax receipt from the charity and, in the



Motek and Gregory Konopny
(OJB photo: Barry Fishman)

process, the brothers educate the charity and client about Israel and the good work State of Israel Bonds does in helping develop the country. If the client is a not-for-profit organization, the bond can become part of its portfolio.

The response has been phenomenal. Not only has the Jewish community in

Canada responded to the offer, but also many charities from the Catholic Missions of Canada to Multiple Sclerosis now have Israel Bonds in their portfolio.

"Our customers are passionate about the different charities they support and our program is a way to help the charities of their choice,"

says Gregory.

Marcia Cantor, executive director of Ottawa State of Israel Bonds, recently invited the brothers to Ottawa to meet with not-for-profit and business leaders in the greater community.

For the brothers, the ongoing program has been "an amazing experience to be able to help the many charities and to know that, at the end of day, they are helping Israel."

So far, hundreds of thousands of dollars in Israel bonds have been purchased. Motek shakes his head in amazement when he realizes "what I am bringing to Israel by selling pens."

For information on how to get involved in the *Office SuperCentre* State of Israel Bonds program, contact Marcia Cantor (792-1142).

Family Purim Carnival

Prizes
Noisemakers
Costumes
Treats
Games & Amusements

Join us at this festive celebration
Sunday, March 20, 12 - 3 p.m.
Soloway Jewish Community Centre

21 Nadolny Sachs Private
\$5 per child / adults are free

Information: Penni Namer,
Vered Israel

Cultural & Educational Program
798-9818 ext. 276
or the JET office, ext. 247



WHAT'S NEW AT HEBREW U

Strengthening your connection to the Hebrew University of Jerusalem

FAMOUS CONNECTIONS

- **BILLY CRYSTAL** – established the Billy Crystal Peace Through the Performing Arts Project in the Department of Theater Studies. Its aim is to train Jewish and Arab theater students at the university in the employment of theatrical techniques that will be used to teach Israeli and Palestinian youth the basics of tolerance, co-existence, pluralism and peace in a creative and exciting manner.
- **COL. ILAN RAMON** – Israel's first astronaut was conducting research in conjunction with a project at the Hebrew University of Jerusalem.
- **FRANK SINATRA** – donated generously to the American Friends of Hebrew University in the 1970's. In 1978, Sinatra went to Israel to receive the National Scopus Award, the highest award of the University, and attend the dedication of the Frank Sinatra International Student Center at the Mount Scopus campus.
- **STEVEN SPIELBERG** – The Steven Spielberg Jewish Film Archive, with over 3,000 titles on film and video, constitutes the largest collection of Jewish documentary film footage in the world. Over 200 films are available for viewing over the Internet.

For more information about the Hebrew University of Jerusalem, please contact Shelli Kimmel, CFHU Ottawa Chapter Director.

Telephone: 829-3150 or email skimmel@cfhu.org.



Please visit our website: www.cfhu.org.

Security solution for virus attacks

(Continued from page 4)
tronic components.

Thus far, SecureOL is on track, in keeping with Dechovich's predictions. Its first commercial product, VE2, is already out and is being marketed in Israel by DataSec, one of Israel's largest IT companies.

VE2 divides the computer into two separate working environments, and for the first time enables people to use the internet freely and enjoy its benefits in a

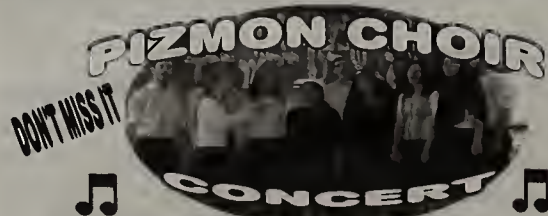
secured environment.

The company's second product, VEHome, is due to be released shortly. This product provides home family users with virtual environments for each member of the family, and finally resolves the decade old problem of parents coming home from work and finding that their children have destroyed the computer with all kind of programs.

The company's flagship product, EVE, to be released

in mid-2007 will protect the computer on a much grander scale with no limit to the Virtual Environments. According to Dechovich this product will provide total PC security and reverse the damage caused by computer threats.

"We want people to be able to use the computer in a trouble-free environment," says Dechovich, "and once again control their computers instead of having their computers control them."



A Jewish A Cappella Group from Columbia College, Barnard College
and the Jewish Theological Seminary of America

Saturday, February 26 at 7:30 PM

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Lisa Cogan,
president

VISION NEGEV ... Life in the desert

Today, 70 per cent of the Israeli population lives in the triangle formed by Haifa, Tel Aviv and Jerusalem. Experts predict, within the next few years, the Gush Dan area will be the most densely populated in the world.

While 60 per cent of Israel is made up of the Negev, only eight per cent of the population resides there. JNF's VISION NEGEV campaign will play a significant role in bringing to fruition David Ben-Gurion's lifelong dream.

In the next 10 years, Israel is looking to bring from 250,000 to half a million people to the Negev. Plans are already under way for the transfer of army and air force bases. This alone will bring tens of thousands of people, jobs and opportunity to the region. Scientific and medical institutions are in place. Ben-Gurion University, industrial parks and Beer Sheva all are becoming major forces in Israel, pulling people southward.

Draw a circle around Beer Sheva. Twenty to 25 minutes north, east, south and west is our focus area. With Beer Sheva as the hub, the plan is to develop 25 new communities. Some will be suburbs of existing towns, others will be the enhancing of kibbutzim.

Plans for railway systems to Beer Sheva transporting people from Tel Aviv and Jerusalem, will mean only a 45-minute trip for commuters. Light rail trains linking Beer Sheva to Yerucham, Dimona and Ofakim are five to 10 years away from reality.

One major JNF focus is Nachal Beer Sheva, a massive water, environment and economic development project. Winding from the north of Beer Sheva through the centre of town and heading south, it is a riverbed gone dry. Most of the year, it becomes nothing more than a garbage dump. But JNF sees the potential and the need. JNF will take the water from a population of over 200,000, transport it to large reservoirs in the northern part of the community, recycle the water, store it and then send it down the dry old riverbed as clean water. Water that will rush down and bring together life, not only to the river but to the downtown area and to the city of Beer Sheva.

Beautiful parks will run along the riverbanks where new businesses and apartment buildings will be developed. The first section, named in honour of recent Montreal Negev dinner honourees Barbara and Stanley Plotnick, is almost completed. This project will entice new residents to move to Beer Sheva and even to buy coveted river front property. This one project will increase the population from 200,000 to 300,000.

Thirty million dollars is needed to bring the dream to reality. Every JNF donation brings reality a step closer.

Win a trip to Israel

Remember: every time you hand in a Blue Box containing at least \$36, you become eligible to win a trip to Israel via Air Canada, compliments of Sandy Granatstein, Carlson Wagonlit Travel.

Save Thursday April 7: Dr. Jennifer Dickson, C.M., R.A., artist and lecturer, will speak on Jewish Expression in Modern French Painting.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).



Humorous rabbi to host Ottawa JUL

By Zev Singer

Often it seems that there's an invisible force uniting all Jews. It's called guilt.

No, actually, it's called humour.

So, on March 1, when Jews come together in locations all around the world for an evening entitled Jewish Unity Live (JUL), it is fitting that the MC of the Ottawa event will be Rabbi Aryeh Pamensky, a renowned speaker and one of the funniest rabbis you're likely to come across.

Ever since the 40-year-old Toronto-based rabbi began touring North America, which he does constantly, humour has been one of his main methods for conveying ideas. So much so, that he often gives his seminars in rented-out comedy clubs, where he can work the crowd from the stage. When he's done, almost inevitably, the comedy club manager will try to persuade him to perform a comedy routine for the regular patrons – truly funny comedians who only tell clean jokes are pretty hard to come by.

Invariably, he turns them down. The South African-born, Toronto-raised rabbi says jokes for their own sake wouldn't be enough to justify ever being away from his wife and seven children. Instead, through his Pamensky Relationship Institute, he focuses on using the comedy to help people understand what makes marriages successful. He has been working hard, he says, to stem the tide of divorce.

At the Jewish Unity Live event, his unique skills will be employed to host a very ambitious program that includes headline speaker Rabbi Joseph Telushkin, cameo video appearances by Jewish celebrities and the premiere of a short feature film by Hollywood film director Ricky Magder called *The Family*. The film, both funny and touching, will focus on the Passover Seder of an average North American suburban family, with all the challenges that entails.

The celebrities who will



Rabbi Aryeh Pamensky

also speak will be drawn from a list that includes actor Josh Malina, from the TV show *West Wing*, U.S. Senator Joseph Lieberman, Hadassah Lieberman, Elliot Gould and David Weiss (writer for *Shrek 2*). They may surprise you when they discuss the importance of Torah to them and how they pursue Jewish learning.

It's this tradition of study and pursuit of knowledge, after all, that lies at the heart of Jewish unity and of the Jewish Unity Live event. The importance of this pursuit is one thing Jews of all backgrounds and affiliations always seem able to agree upon. That's why the Ottawa event is being presented by JET (Jewish Education through Torah), an Ottawa Jewish outreach organization that offers learning opportunities year-round.

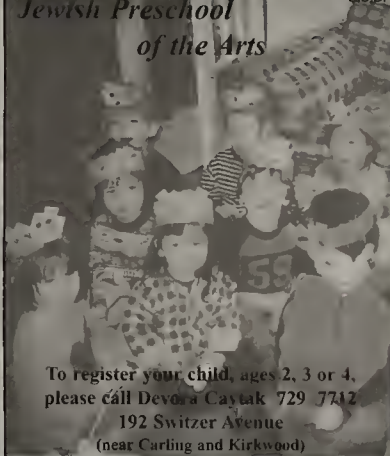
For his part, Rabbi Pamensky says he was thrilled to find out about Ottawa's event and to become involved. Jewish unity, he says, is very close to his heart.

"A Jew is a Jew," he says. "And you're my brother and my sister."

Jewish Unity Live is happening at dozens of locations across the world on March 1, and Ottawa's event will take place at the Canadian Museum of Civilization at 7:00 pm. A limited number of tickets are available. For more information, please call 798-9818, ext. 247.

Jewish Preschool of the Arts

B.S.D.



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Information:

Roslyn Wollock, 798-9818 ext. 254
rwollock@jccottawa.com



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David B. Miller
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Jack Silverstone
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Minister of Citizenship and Immigration

Mitchell Bellman
Former Political Assistant
to MP David Berger

Chuck Merovitz
Local Community Activist
and Volunteer for the Liberal Party

Moderator

Ian Sadinsky
President, Sadinsky and Associates

**Thursday, March 10
7:30 pm**

The Joseph and Rose Ages Family Building
21 Nadolny Sachs Private

For further info and to RSVP,
please contact
798-4696, ext. 255

A program of the Community Relations Committee
of the Jewish Community Council of Ottawa/Vaad Ha'ir



Community responds to Lodge goal of creating 50 endowment funds

By Estelle Melzer

To help commemorate its 50th anniversary, Hillel Lodge recently established the Long-term Care Foundation, and hopes the community responds positively to it.

"Wouldn't it be wonderful if by the end of our anniversary year we can grow our Foundation to 50 endowment funds?" asks Anna Wex, the Lodge's president.

A fund is easy to set up: all it takes is a tax deductible contribution of \$1000 or more. The capital in each fund is then invested in perpetuity and the annual interest or income generated will support the priorities designated by you.

January has been a great head start towards that goal. Numerous families decided to open endowment funds in the Lodge's Foundation, adding to the previously established endowments. Here is a sampling of our new funds:

The Frank and Lily Hoffenberg Family Endowment Fund has been established by Ron and Rose Ann Hoffenberg in memory of Ron's parents, Frank and Lily Hoffenberg. The purpose of the

fund is to support direct resident needs such as the feeding program, kosher food and new medical equipment.

The Levin Family Fund has been created by Lewis, Harold and Frank Levin in memory of their late father and mother, Ben and Shirley Levin. They felt this fund would be an appropriate legacy for their parents, who had a lifelong interest in the Lodge and were great supporters of its goals. Ben Levin was president of Hillel Lodge from 1973-76.

The Boris and Dolly Blacher Family Fund has been established by Boris Blacher to honour the memory of his late wife, Dolly. He has earmarked the fund to support recreational programs for the residents.

The Rémy Albagli Memorial Fund has been established by Alain Albagli and his family in memory of Alain's brother, Rémy Albagli. Rémy was born in Cairo, Egypt and lived in Paris, Chicago and Los Angeles. He was deeply involved in the activities of the Jewish communities in all of these cities. To reflect his brother's spirit, Alain

wanted to create a legacy in his name to support an important institution in the Ottawa Jewish Community. Alain has earmarked the proceeds from this fund to support technology at the Lodge.

The Leona Adler Endowment Fund has been established by Marilyn Adler in memory of her mother, Leona. The purpose of this fund is to support special recreational programs for the residents of the Lodge. Marilyn is the Lodge's head of recreation and knows how important social, recreational and cultural activities are to the quality of life of residents.

The Gina and Howard Grant Family Fund has been created by Gina and Howard Grant after reading about the Lodge's goal of establishing 50 endowments during its 50th year. "We wanted to be part of that effort and thought that this would be an ideal way to join the Lodge's 50th anniversary celebration," they say.

To find out how to establish a named Honour Fund in the Hillel Lodge Long-Term Care Foundation, please call Stephen Schneiderman (728-3900).

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Helen and Betty are part of the Aviv Festival Walk to Jerusalem “Senior Team”



Sunday, June 5th

Event Day Schedule

- 9:30 am – Meet at the Senior Lounge (located near the starting line)
- 10:00 am – Opening Ceremonies
- 10:20 am – Walk begins – Senior Team begins at special alternate route

Senior Team Walk Route

Walk begins in the parking lot behind Hillel Academy, continues north on Broadview, east on Kerr and finishes in front of Hillel Lodge.

plus
Special Klezmer Concert for Seniors
featuring

Flyer Bulgar Klezmer Band

Hillel Lodge

11:00 am

Lunch will be served at 11:45 am

Come join the team! All seniors welcome.

For tickets and more information call Shelley 798-4696, ext. 227

A Walk with Heart and Sole



Question and answer books teach children valuable lessons

Lifelong learning is an iterative process of asking and answering questions. Sometimes questions are unspoken. Often answers are a result of trial and error. Other times formal questions are posed and answers come after lengthy discussions among experts.

And then there are questions that have a multitude of possible answers – not one right answer. It is these types of questions – the serious and the funny – that are asked, answered and celebrated in the following books.

Where Do People Go When They Die?

By Mindy Avra Portnoy

Illustrations by Shelly O. Haas

Kar-Ben Publishing 2004

Unpaged Ages 3 - 8

Although most of us would rather not discuss death with a young child, there are times when we have no alternative. My husband and I were in that painful situation over a year ago when our granddaughter's mother died. We answered questions then and continue to answer them as our granddaughter revisits the subject from time to time.

Within that personal context, I offer my heartfelt thanks to Rabbi Mindy Portnoy for her latest book, *Where Do People Go When They Die?* Writing with sensitivity and insight, Rabbi Portnoy presents a variety of children asking this question to various adults and themselves.

This technique enables her to show how comforting and child-friendly answers can be tailored to match the needs of a specific child and/or the beliefs of a specific responder, adult or child. The answers are brief and to the point.

While none of the answers are designated "Jewish," the various beliefs about death expressed in them are compatible with both formal and spiritual Judaism. Best of all, they affirm and honour our tradition of remembering the dead.



Kid Lit

Deanna Silverman

Shelly Haas's gentle full colour illustrations add their own note of comfort, support and message that life goes on. In all, *Where Do People Go When They Die?* is an exceptional resource not only for its answers to the question it asks but also for its inclusion of suggestions on explaining death to young children. A difficult task very well done.

Rachel's Library

By Richard Ungar

Tundra Books 2004

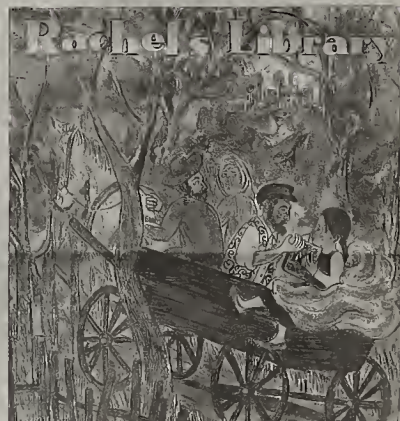
Unpaged Ages 7 - 10

He's done it again! Toronto lawyer Richard Ungar has written and illustrated his third original picture book celebrating Chelm, that wonderfully wacky shetl of Jewish folklore, and his sensible, sensitive young heroine, Rachel.

The good citizens of Chelm are in a tizzy. They are tired of being considered foolish. How can they convince outsiders of their true wisdom? By sending a delegation to Warsaw to find and bring back the one thing that signifies wisdom, of course.

Who to send? The Chelmites draw straws, literally. The next morning, the three best straw artists set off for Warsaw, but four are actually en route. Fortunately for the delegation, Rachel has hidden in the cart. Book in hand, she promises to be no trouble.

Arriving in Warsaw, the delegation sees much that represents wisdom – tall buildings, fancy clothes, fish scales, etc.



From *Rachel's Library*

But when they stop their cart in front of the great Warsaw Library, Rachel convinces them that books and a library are the answer they seek.

Back to Chelm and the creation of *Rachel's Library*, a library like no other in the world! Does it solve the original problem? Not quite. But don't forget, this is Chelm.

Brilliant swirling colours add to the dizzying light-hearted brilliance of the storytelling and the Chelmites. Together, they ensnare readers in folklore fantasy par excellence. *Rachel's Library* is a snarkling jewel of a book for the People of the Book and everyone else who loves a funny story at their own expense. Richard Ungar is so-o-o crafty!

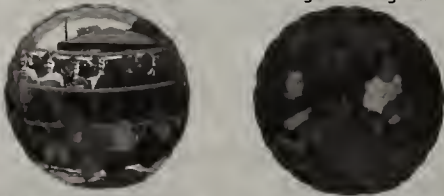
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JET offers programs focusing on the continuing Jewish education of adults.



Reising Great Kids in a Complex World: This series, run by Lauren Shaps, helps to resolve some of the questions that arise from raising children in today's society, and the role that Judaism and Jewish wisdom plays.

Monday, March 14: The Mesk of Purim – Costumes, Wine and Revelry: This session will ask: "Is what you see, what you get?" What are the themes of this fun-filled holiday and what significant message can we apply to our lives. What lessons can we share with our children, so that Purim is more than "they tried to kill us, we overcame, let's eat!"

Two Sessions! Daytime: Monday, March 14: 9:15 - 10:30 am, SJCC
Evening: Wednesday, March 16: 7:30 - 9:00 pm. Contact JET office for location details.

The Kosher Home: Join Rabbi Micah Shotkin for an in-depth discussion of the underlying principles of kashrus. This course is aimed at beginners who are interested in learning what is involved in keeping a kosher home and why.

February 28 - March 21, 2005 8:00 - 9:00 pm
Congregation Machzikei Hadas, 2310 Virginia Drive

Ongoing Events!

JET offers a multitude of classes on a wide range of topics throughout the year.

For more information please contact the office, 789-9818 ext. 247 or jet@jccottawa.com

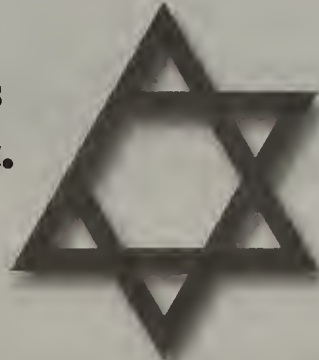
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Special Guest Speaker

Rabbi Joseph Telushkin

Master of Ceremonies - *Aryeh Pamensky* of Pamensky Live

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Canadian Museum of Civilization 7 pm, March 1st, 2005

Ticket prices \$18 and \$36

For more information, please visit www.jewishunitylive.com or call (613) 798 9818 x 247



Banish the winter blues with Spanish music

Up-and-coming music group Andaluz will soon bring some Spanish heat to the deep freeze of Ottawa's winter with a concert, "Songs of the Sephard."

Kathryn Palmer, the well-known Ottawa singer whose concerts of Sephardic music have been performed to sold-out audiences, will join Andaluz as a special guest to celebrate their inaugural concert.

Andaluz is named for Andalusia, the southern region of Spain where Jews lived for centuries, developing a distinctive, rich culture that defines their descendants – the Sephardim – to

this day, wherever they live.

Spain's Jews scattered after their expulsion during the Inquisition, in 1492, but brought their musical traditions with them to places like Greece, Turkey, Morocco and the Balkans.

The songs that resulted are a unique blend of cultures, with unusual, lively rhythms and beautiful, haunting melodies.

The members of Andaluz – who perform and teach classical music and sing with groups as varied as Opera Lyra, Cantata Singers and Musica Ebraica – have several personal ties to the music of the Mediterranean.

Two members, Daria Ribar, who sings and plays guitar, and Dimitri Staniskis-Keller, a violinist, are from Sarajevo. They each have vivid memories of a group in Sarajevo called Ladino, whose performances of Sephardic music attracted Jews and non-Jews alike.

George Valettas, a singer, was born in Greece and raised in Montreal. "A lot of this music is very similar to the Greek music I know from my childhood," Valettas says. "My wife especially loves it. She herself is Sephardic, from Turkey, and remembers speaking Ladino with her grandmother."

Barbara Kagedan, the other singer in the group, traces part of her roots back to Spain. But it was a chance encounter in the old Jewish Quarter of Seville in Spain last summer that opened her eyes to the rich variety of Sephardic music.

"I heard someone say 'thank you' in Hebrew. I turned, and there was a small sign promoting an exhibit of



Andaluz to perform on Sunday, March 6 at Agudath Israel.

(Photo: Gila Sperer)

Sephardic culture. The organizer was a singer from a converso (Marrano) background. When he found out I also sing Jewish music, he brought us into the courtyard of this beautiful home – which we found out later used to belong to a Jewish family, centuries before – and

started playing dozens of different songs for us."

Other members of Andaluz are Carol Gurofsky on keyboard, Dawn Pecoskie on flute, and Jamie Kronick playing the tof, a Middle Eastern drum.

The group will perform popular pieces like "Los Bil-

bilicos," "Adio Querida" and "Morenica," as well as less familiar songs.

The concert takes place at 7:30 pm on Sunday, March 6 at Agudath Israel, 1400 Col-drey Avenue. Tickets are \$15 (\$10 for students and seniors), and may be purchased by calling 724-3214.



874 Maitland Avenue, \$258,000
Beautiful upgraded full-brick semi-detached home with an interlock walkway located on a huge lot with a single car garage in an excellent location! This home features 3 bedrooms, 2 full baths with newly installed ceramic in lower hallway right into spacious bright kitchen with an island, oak hardwood throughout all of the second level and family room. Finished basement with a spacious rec room and plenty of storage space. Newly installed gas furnace and central air conditioning. Big backyard with a new cedar deck 16 x 10. To view this home, please call 729.8651.

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Young Adult Division of UJA invites you (25-45 year olds)
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Saturday, March 5, 2005
The Whiskey Bar, 110 York Street
From 8 pm
Cover: \$18

YAD has exclusive access to this
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Only 225 tickets available!

For tickets, call
Meg Friedman at 798-4696 ext. 270,
or Leora Kimmel at ext. 248.

YAD
YOUNG ADULT DIVISION

Temple Israel auction supports local charities

By Louise Rachlis

The Temple Israel Charity Auction has a longstanding reputation for excellence – great items, great bargains and delicious food – and this year's event may be better than ever.

"We have an impressive selection of fine art from near and far, home decor items, entertainment and get-away packages, diplomatic and celebrity dining opportunities, and much more," says Dick Zuker, who is co-chairing the event with his wife Marcia.

"It will be a wonderful, fun-filled evening, all in the cause of Temple."

Earnings from the event will also support numerous local charities such as Center 454, the Food Bank, the Kosher Food Bank, the Shepherds of Good Hope, Parkdale United Church's 'In from the Cold' program, the Ottawa AIDS Committee, the Ottawa-Carleton Association for People with Developmental Disabilities, Tamir Foundation, and Jewish Family Services' Meals on Wheels.

The viewing and silent auction begins at 5:30 pm, on April 19, with the live auction starting at 7:00 pm. A glass of champagne and kosher food will be provided.



Marcia and Dick Zuker, co-chairs of the Temple Israel Charity Auction, promise "a wonderful, fun-filled evening."

Laurence Wall of CBC Radio One will be the master of ceremonies, and Sol Jacobson of Majic 100, Kurt Stoodley of The NewRO and "Stuntman Stu" of 106.9 The Bear will be auctioneers.

Elliott Smith and Ian Quick will perform a magic show called "Vaudeville Magic."

As well as purchasing tickets to the auction and bidding, members of the community are encouraged to donate items for the silent or live auctions in return for

a tax receipt, and to place advertisements in the auction catalogue.

"Your support will help to make a difference in the lives of many people in our community," says Zuker, who can be reached by e-mail at richardzucker@sympatico.ca.

Tickets are \$36. To purchase your tickets, contact Debbie Goldstein (226-5435) or the Temple Office (224-1802).

Selected auction items can be viewed at www.templeisraelottawa.ca.

Bookmark this Important Date!

Sunday, April 17, 2005

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Sunday, April 17, 2005

Brunch 11:30 am

Agudath Israel Synagogue
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Couvert: \$36 per person

Event proceeds will be donated to United Jewish Appeal in the form of an Israel Bond.

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Cranberry Challah

This challah can also be made with raisins for die-hard traditionalists!

- 1 tablespoon Fleischmann's "Quick Rise" yeast
- 1 cup all purpose flour
- 1 teaspoon sugar
- 1 teaspoon kosher salt
- 3/4 cup very warm water (about 120 degrees F)
- 1/3 cup vegetable oil
- 2 eggs
- 4 tablespoons honey
- 2 1/3 cups all purpose flour
- 1 cup dried cranberries or raisins
- 1 beaten egg
- sesame seeds

In the bowl of a heavy duty electric mixer with the dough hook add the yeast, 1 cup flour, sugar and salt. Mix together briefly.

Add warm water, oil, eggs and honey and mix for about 1 minute. Add remaining flour and mix on medium-low for about 8-10 minutes, until the dough is smooth.

Turn dough out onto a lightly floured surface and knead in the cranberries by hand until they are evenly distributed. Form the dough into a ball and transfer it to a large oiled mixing bowl. Cover the bowl with an oiled sheet of plastic wrap and let it rise at room temperature for 45 minutes.

Line a large baking sheet with parchment paper and set aside. After the dough has risen, punch it down to deflate it. Divide it into 3 equal pieces and roll with your hands into 3 long ropes, each about 15 inches long. Braid the ropes, pinching the ends to seal and then tuck the ends under the loaf. Gently transfer the loaf to the baking sheet. Cover loaf with a tea towel and let it rise at room temperature for 1 hour.

Preheat oven to 350 degrees F. Gently brush challah with beaten egg and sprinkle with sesame seeds. Bake in preheated oven for about 40 minutes, until the challah is golden brown and sounds hollow when thumped on the bottom. If the challah starts to get too brown, cover it with a sheet of foil partway through baking. Let cool on a rack before slicing.

Grateful for challah

Several years ago, we began a new Shabbat tradition in our home. Right after the blessings, we go around the table and everyone says three things they are grateful for. One of the things I am thankful for is that my sister finally e-mailed me her challah recipe.

Homemade challah is just so much better than store bought. And, it's surprisingly easy to make. There is something about the yeasty aroma of bread rising and baking that fills your house and makes you feel grateful and happy.

The two recipes that follow are made with quick rise yeast. This type of yeast gets mixed with the dry ingredients and does not have to be "proofed" with water first to activate it. It is ideal for novice bakers. The dough can either be made in a heavy duty mixer (10 minutes of mixing time) or a food processor (2 minutes of mixing time after the dough forms a ball).

There are two critical elements to successfully working with yeast. Make sure the yeast is fresh. Secondly, water temperature is important. In order to activate the yeast you need very warm water (110 - 120 degrees F). Too hot and you'll kill the yeast. Too cold and it will take forever to activate the yeast.



Made with Love

Cindy Feingold

Use an instant read thermometer to check the water temperature the first few times you make it.

If Fridays are a busy day for you, make the dough on Thursday night and let the dough rise overnight in the fridge. Friday morning, all that's left to do is punch the dough down, braid the loaf, let it rise at room temperature and bake it.

The first recipe, *Cranberry Challah*, is a variation on a recipe I have been making for years. It comes from Noreen Gilletz. The second recipe, *Elaine's Challah*, comes from my sister Bonnie. She got the recipe from her husband's cousin, who in turn got it from her friend. It can best be described as a challah with a crumble topping.

Elaine's Challah

This makes one HUGE challah.

- 3 heaping teaspoons Fleischmann's "Quick Rise" yeast
- 1 cup all purpose flour
- 1/2 cup sugar
- 1 teaspoon kosher salt
- 1 1/4 cups very warm water (about 120 degrees F)
- 1/2 cup vegetable oil
- 2 eggs
- 3 1/2 cups all purpose flour
- 1 beaten egg
- 4 tablespoons pareve margarine
- 1/2 cup all purpose flour
- 1/2 cup sugar

In the bowl of a heavy duty electric mixer with the dough hook, add the yeast, 1 cup flour, 1/2 cup sugar and salt. Mix together briefly.

Add warm water, oil and eggs and mix for about 1 minute. Add remaining flour and mix on medium-low for about 8-10 minutes, until the dough is smooth.

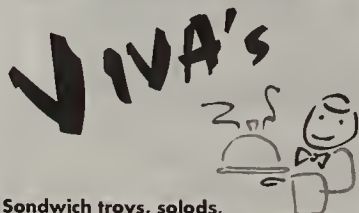
Turn dough out onto a lightly floured surface. Form the dough into a ball and transfer it to a large oiled mixing bowl. Cover the bowl with an oiled sheet of plastic wrap and let it rise at room temperature for 45 minutes.

Line a large baking sheet with parchment paper and set aside. While the dough is rising, prepare the topping. Using your hands or a fork, mix together the margarine, flour and sugar until crumbly.

After the dough has risen, punch it down to deflate it. Divide it into 3 equal pieces and roll with your hands into 3 long ropes, each about 20 inches long. Braid the ropes, pinching the ends to seal and then tuck the ends under the loaf. Gently transfer the loaf to the baking sheet. Cover loaf with a tea towel and let rise at room temperature for 1 hour.

Preheat oven to 350 degrees F. Gently brush challah with beaten egg and cover with crumble topping. Bake in preheated oven for about 40 minutes, until the challah is golden brown and sounds hollow when thumped on the bottom. If the challah starts to get too brown, cover it with a sheet of foil partway through baking. Let cool on a rack before slicing.

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CHAI LIGHTS

of the Soloway Jewish Community Centre

Inspiring Jewish Journeys

VOLUME 6, ISSUE 3

FEBRUARY 21, 2005

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Editor: Irving Rudy

JCC of Ottawa Summer Camps Excitement!

Get out your sunglasses! Summer is fast approaching and this year the JCC of Ottawa Summer Camps are offering the most exciting and varied programs ever available. With 17 different summer camps, available in sessions of 1 - 8 weeks, there is a wide choice to satisfy each camper's specific interests.

In addition to a Travelling Sports Camp and outstanding Day Camps, there is a fascinating selection of one-week specialty camps such as Digital Artist, Robotics, Girl Power, Game Programmer Jr., Toon Factory MX Animation, Scuba & Water Adventure Camp, Junior Lifeguard Camp, Hockey Camp, Basketball Camp and Triathlon Camp. Many of these specialty camps are available during the last half of August, after other camp programs have ended.

The Day Camp program, for children as young as 2 - 5, as well as those entering grades 1 - 8, offers many different activities each day, appropriate for each age group. In addition to free swim and Red Cross swim instruction, other activities include arts and crafts, sports, gymnastics, Tae Kwan Oo, dance, music, reptile visits, science projects and field trips.

Special theme days are popular throughout the summer, Judaic/Israeli cultural activities are an important part of the camping experience, and Oneig Shabbats are celebrated every week.

A CIT program for teens entering grade 9 is also available.

For the camper interested

mostly in sports, the JCC offers a Travelling Sports Camp. In this very unique program, campers benefit from expert instruction as they enjoy a wide variety of sports and outdoor recreational activities at various venues around the city. By the end of the summer, they have acquired many exciting new skills and interests.

Each morning, traditional athletic activities such as basketball, volleyball, badminton, soccer, racquetball, lacrosse and archery are taught at the ultra-modern Soloway JCC. Red Cross swim instruction is also an integral part of the program.

Campers look forward to the afternoons when they travel to various areas of the Ottawa Valley to experience a different athletic and fun-filled activity each day.

Keeping cool is easy with waterskiing, tubing, water-slides, canoeing, windsurfing and wave pools.

Other activities include golf instruction, tennis, horseback riding, ice skating, trampoline, go karting and evening trips to Lynx and Renegade Games.

Junior level includes children entering grades 2 and 3, and a senior level is available for those entering grades 4 - 7.

Experience the wonderful world of JCC of Ottawa Summer Camps this summer. There's something for everyone!

For more information, contact Jon Braun, 798-9818 ext. 267 or jbraun@jccottawa.com

The camp brochure is available on-line at jccottawa.com

JCC of Ottawa Summer Camps

Building friendships
that last a lifetime

Explore the
JCC world of
17 fascinating
summer camps

Our warm and caring staff offer a fun-filled, happy summer. Sessions of 1 - 8 weeks from July 4 - August 26, for ages 2-14. Early drop-off & extended care available.

JCC Day Camp • Travelling Sports Camp • Specialty Camps:

Digital Artist • Robotics • Girl Power • Game Programmer Jr.
Toon Factory MX Animation • Scuba & Water Adventure Camp
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Triathlon Camp • CIT program for teens entering Grade 9

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www.jccottawa.com

Open House: March 20, 1 - 3 pm
Info: Jon Braun, 798-9818 ext. 267
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REGISTRATION
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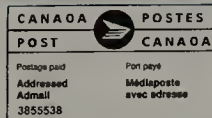
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Aquatic exercises for a better quality of life

Who benefits from Aquafitness at the Soloway JCC? Everyone who tries it, regardless of their age or level of fitness! And all regular classes are free for Chal members.

It's great for athletes or former couch potatoes, baby boomers, young adults or older adults.

Aquafitness is recommended for pre- and post-natal women, people recovering from accidents or illness, those suffering from arthritis, osteoporosis, sport injuries, back pain and many other health problems.

What are the benefits of aquatic exercise?

"It can help diminish pain, increase strength and range of motion and improve a person's ability to perform activities of daily living," said Carla Gencher, manager of fitness and aerobics and who recently took on the supervision of our aquafitness program.

"You will notice improvement in balance and flexibility, stair climbing and walking ability, decreased body fat and increased abdominal strength. The use of medications may decrease. You will also feel

happier, develop new relationships, increase your self esteem and find a greater ease in performing daily tasks."

For example, people with arthritis experience a significant gain in active joint motion.

Water is the perfect exercise environment, as the energy required to move through the water develops cardiovascular and muscular endurance. You are encouraged and motivated to go at your own pace, and to modify exercises as needed, by our line up of several new Aquafit certified instructors.

Aquafitness offers many rewards, all pointing towards a healthy lifestyle and a better quality of life. Try a class today!

For your own safety, please consult with your doctor before entering into an aquatic program after an illness or accident.

For further information, please contact Carla Gencher at 798-9818 ext. 278, cgencher@jccottawa.com



Water is the perfect exercise environment, and all regular aquafit classes are free for Chal members at the Soloway JCC. Our line up of several new Aquafit Certified Instructors helps participants develop cardiovascular and muscular endurance as well as a better quality of life.

NEW: Post Stroke Aquafit Classes

Specifically designed for persons recovering from strokes. Exercises promoting coordination, balance and muscular use will increase overall functional ability. Featuring Robln Chernick, certified aquafitness instructor with more than 15 years experience. Mondays or Fridays, 2 - 3 p.m. Members \$70, Non Members \$110. Info: Carla Gencher, 798-9818 ext. 278.

Become "Water Smart" with Group Swimming Lessons

Swimming is an important skill, especially with summer presenting many opportunities to enjoy aquatics-based recreation and sports. The dangers are ever-present, but can be easily manageable through common sense and learning basic swimming skills. Being "Water Smart" means learning how to swim, following safety rules, always swimming with a buddy, and wearing an appropriate personal flotation device or life-jacket when boating.

Group Swimming Lessons at the Soloway JCC are a fantastic and economical way to pro-

mote Water Smart practices to our children. Group lessons are available to members and non-members from September through June, offering small class sizes, certified instructors and lots of individual attention.

We are the only pool in the region with a computerized system for tracking swimmer progress. This allows us to track the participants' progress and tailor each lesson to suit the needs of the group.

Group swim lessons mean much more than just swimming. It's also about fitness, skill, knowledge, and fun.

Many skills in advanced levels require a specific level of coordination and understanding, and group lessons allow swimmers to have fun while practicing their strokes. We also promote the social ambience of the group, through targeted games, songs, and encouraging a cooperative atmosphere.

For more information on group swimming lessons, or private lessons, please consult the SJCC Program Guide, an Aquatics program flyer, check out our website www.jccottawa.com, or call the Aquatics office at 798-9818, ext. 279.

Message from Jerusalem



Rabbi Steven Garten, a member of our Florence Melton Mini School faculty, is presently on sabbatical in Israel, where he has attended a Melton Faculty Seminar, served as a volunteer in the IDF, and is now living on a kibbutz. He has asked us to share this message with his students, and with all the members of our community. (edited for Chailights)

I awake each morning to breakfast on Har HaTzofim. The Hebrew University dining room overlooks the Old City, and it is easy to forget food as the sun glistens on the white stone and the gold dome. There are Melton teachers from Australia, London, England, Montreal, Denver, Rochester, Raleigh, North Carolina and many other American cities.

I am the only Reform Rabbi, together with an Orthodox Rabbi, a Conservative Rabbi, three Frum women, and an assortment of other pluralistic religious affiliations. We vary in age from twenty-seven to eighty. We have come for one reason, to learn, ask questions and become better teachers for our students.

After only a few days of communal sharing it is obvious that our Ottawa Mini School is unlike any other in the world.

We are the only setting that has Rabbis teaching exclusively; in fact many locales ban Rabbis from offering courses. We are the only site in North America that has so many students enrolled in only its second year of existence. I quickly discern that there is another difference: our students are more affiliated, more practicing and certainly more diverse in their backgrounds than the other communities.

In spite of the beautiful weather, we are here to study and that we will do, from 8:30 until 5:30 each day. While some of the sessions will be pedagogic in nature, in the main we will study with the great teachers of Hebrew University. We will explore a radical interpretation of the Dead Sea Scrolls, we will learn a new and exciting approach to Talmud and Jewish texts, we will learn about Nechama Leibowitz, the greatest teacher of Torah in the history of Hebrew University, we will discuss the nature of Jewish study in the 21st Century, but mostly we will pilot a new graduate level course entitled "Israeli Society through Hebrew literature."

The literature presented in the course represented the breadth of Hebrew writing. We studied many Israeli and Hebrew poets – not simply to contemplate on their meaning, but also as our guide to see the city of Jerusalem and the land of Israel. For example, one evening we used a 1930 Bialik short story to direct our exploration of the Jewish Quarter of the Old City. Two days later we traversed the streets of Mea Shearim using poems, short stories and pieces of literary criticism to follow the development of the Hebrew Language.

Join me in Israel next December, when the Melton Centre offers a ten-day study mission for graduates of the program.

Rabbi Steve Garten

Rabbi Steven Garten is the congregational rabbi of Temple Israel and, together with Rabbi Ely Braun, offer a program of Jewish Living and Learning at the Soloway JCC's Florence Melton Mini School. For information, please contact Maxine Miska, 798-9818, ext. 263, e-mail: mmiska@jccottawa.com

CHAiLiGHTS

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• Editor: Irving Rudy

Golf Tournament supports Hillel Academy and Soloway JCC

This year's edition of the Desert Classic Golf Tournament will tee off on June 9, 2005 at the top notch Loch March Golf & Country Club, and for the fourth consecutive year, Steven Kerzner of Bakernet will be chairing the event.

The tournament supports the important educational and community-service programs offered by Hillel Academy and the Soloway Jewish Community Centre, under a partnership arrangement which began in 2002.

"These two organizations

work closely together, so it was only natural that a joint fundraising program would produce great results," said Kerzner. "We have been very fortunate to have a great golf committee each year, and many friends in the business community who support the work and dreams of the Jewish community."

The tournament kicks off with lunch and registration from 11 - 1 p.m., followed by a Shotgun start on the greens, quenching cocktails and a lavish dinner in the clubhouse at 7 p.m.

Many sponsorship categories are available, and individual golfers or foursomes are invited to take advantage of the Special Early Bird Rate which is available until March 31.

"I like doing my part for the community, and I look forward each year to seeing the encouragement and enthusiasm shown by our supporters," said Kerzner.

For further information, or to join our fundraising committee, please call Anna Silverman, 798-9818, ext. 225 or asilverman@jccottawa.com

Soloway JCC Golf Clinic 2005

Be more ready than ever for the first tee-off this Spring. Work on your game with a golf pro at a first class location. Fix your slice, work on the short game and stay in shape during the off-season.

Sundays, 3:00 - 4:00 p.m.

March 6 - April 10 (6 weeks)

\$110 Member \$125 Non-Member

Info: Jon Braun, 798-9818 ext. 267

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- ✓ No initiation fees

* Additional savings for couples, families, young adults & seniors. 20% discount based on Individual Adult (ages 30-64) category. Offer expires Mar. 31/05. New members only. Cannot be combined with other offers.

Visit or call today: 798-9818 ext. 231
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Soloway JCC Poker Tournament



4th Annual

Evening in Las Vegas

Sunday, April 3, 2005 - 6:00 pm

Many door prizes to be won including a trip to Las Vegas

\$225 per player

Co-Chairs: Phil Berman & Irv Hoffman

New Texas Hold'em!

If you wish to learn more about this style of poker play, we will offer a *Texas Hold'em* clinic.

TO REGISTER: Anna Silverman, 798-9818 ext. 225

Proceeds to support the SJCC

Help Send a Kid to Camp program



Soloway Jewish Community Centre
21 Nadolny Sachs Private (Broadview & Carling)
www.jccottawa.com

ENFOLD YOUR CHILD IN JEWISH TRADITION



Weave your children and grandchildren into the fabric of Jewish life.

Create a Tallit on our loom, through the guidance of Master Weaver Janet Martin.

Looms are often booked in advance so sign up well before your simcha.

Thursdays, 6:00 - 9:00 p.m.

Ongoing six-week sessions from September - July

Fees vary with size of Tallit.

Info: Roslyn Wollock, 798-9818 ext. 254
rwollock@jccottawa.com

JMSL Men's Softball League 2005 "The Tradition Continues"



If you are interested in playing Softball this summer (May thru September), or putting together a team, you are invited to an Open House Meeting at the Soloway JCC, Tuesday,

March 1 at 7:30 p.m. It's a great way to enjoy your summer evenings. Be a part of the tradition. For more information, please contact Jon Braun, 798-9818 ext. 267 or jbraun@jccottawa.com

Ganon Preschool introduces new Peer K. Explorer Curriculum

The Ganon Preschool is proud to announce the introduction of its entirely new **Ethical Start®** Multi-Media Curriculum, Peer K. Explorer® beginning September 2005. This exciting curriculum combines the latest developments in Early Childhood Education with time-honoured Jewish values.

Developed by the Jewish Community Center Association in conjunction with early childhood education experts, the new cutting edge **Ethical Start** curriculum introduces the values and ethical teachings found in Pirkei Avot – the "Ethics of the Fathers" – to preschoolers and their families. The multi-media program includes 16 original songs, six children's books, a Peer K. Explorer doll, specially-designed classroom materials, a six-unit curriculum for teachers, a family participation guide and an intensive training and consultation program.

First introduced by the JCCA in a pilot program to JCCs in 25 cities across North America, the program is now being offered to all Jewish Community Centres in the U.S. and Canada.

With its focus on the values of kindness, respect, tradition, dignity, responsibility, and community, **An Ethical Start®** places teachers, young children and their parents at the heart of a transformational approach to Jewish early childhood education.

"Peer K. is a loveable character that will help us all reach a new level of ethical self-transformation, through his

wisdom and values," says Jennifer Kwavnick, director of the Ganon Preschool. "The developers of **An Ethical Start** believed that they were creating a curriculum only for JCC early childhood programs. An additional benefit will be seen in its potential for transforming an entire JCC into a more caring and value-based institution.

"The **Ethical Start** program provides the tools to approach Jewish education from a different perspective. Our Ganon preschool will still emphasize traditional educational components such as numbers, colors, and the alphabet, as well as Judaic traditions such as Shabbat, holiday celebrations, knowledge of Israel, and values such as *tzedakah*, or charity, and *chesed*, or acts of loving kindness.

"**An Ethical Start** is a learning approach that works for all Jews, regardless of their level of observance. This new program will place values education front and center as a key component of our school curriculum."

The Ganon Preschool offers morning programs for ages 2-5, afternoon programs for ages 3-5, as well as weekday and Sunday parented programs.

Registration for the 2005/2006 season is now under way.

For further information, please contact Jennifer Kwavnick at 798-9818, ext. 280 or e-mail: jkwavnick@jccottawa.com. The new Ganon Preschool brochure is available online at www.jccottawa.com

Your child deserves the best.



Ganon Preschool ♦ Soloway JCC

- ♦ Building Jewish identity ♦ Nurturing ♦ Educational
- ♦ Compassionate ♦ Supportive ♦ Just plain fun



NEW! Ethical Start® Multi-Media Curriculum

Peer K. Explorer

Combining the latest developments in early childhood education with time-honoured Jewish values

Morning programs ages 2 -5 / Afternoon programs ages 3-5
New Sunday Parented Programs 10:00 – 11:30 a.m.

REGISTER NOW FOR THE 2005 - 2006 SCHOOL YEAR

For full program details and further information, please contact
Jennifer Kwavnick 798-9818 ext. 280
jkwavnick@jccottawa.com
21 Nadolny Sachs Private (Carling & Broadview)
www.jccottawa.com



Licensed by the Ministry of Community and Social Services

March Break Fun!



March Break Camp

An action-packed week of fantastic activities: games, sports, swimming, crafts, theme days and outings. Grouped by age, kindergarten - grade 6, for a great time. Choose any number of days.

March 14 - 18, 8:30 a.m. - 4:00 p.m.
Members: \$30 / day 2nd Child: \$25 / day
Non-members: \$45 / day 2nd Child: \$35 / day
Info: Gail Lief, 798-9818, ext. 303 glief@jccottawa.com



NEW! Sports Camp

Five exciting days of sports, including basketball, volleyball, soccer, t-ball, badminton, swimming, archery, fencing, lacrosse, handball, wave pool, bowling & more. Grouped by age, grades 2 - 7.

March 14 - 18, 9:00 a.m. - 3:45 p.m.
Members: \$130 Non-members: \$160
Info: Jon Braun, 798-9818, ext. 267 jbraun@jccottawa.com

Soloway JCC

Soccer Clinic for Children

The Spring Soccer season is almost here. Get ready for all the action with expert instruction provided by local area soccer coaches. It's a great way to get into shape while having lots of fun. For boys and girls in grades 2 - 6; grouped by age.

Sundays, 1:00 - 2:30 p.m.
March 6 – April 10 (6 weeks)
\$75 Member \$100 Non-Member

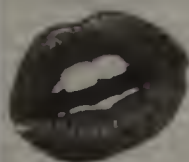
Info: Jon Braun, 798-9818 ext. 267
jbraun@jccottawa.com



The Jewish Students Association of Ottawa
in co-operation with
National Jewish Campus Life



Present



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Israeli Fashion Show
featuring

The unique and innovative designs of six renowned Israeli designers

Sigal Dekel • Ronen Chen • Dorin Frankfurt
Saaon Kedem • Yael Orgad • Zoe

Host: Stuntman Stu

Date: Sunday, March 6, 2005

Time: Reception @ 7 pm followed by Designer Showcase

Location: The Drink, 130 George Street

Admission: \$15 general admission/\$10 students

Tickets available at the Soloway Jewish Community Centre • 798-9818
or the Jewish Students Association office • 236-2345

All profits donated to the "One Family Fund"

"One Family" provides direct financial, legal and emotional assistance to the survivors of terrorism.

For more info: www.onefamilyfund.org

For more info please contact Tal Kita at 236-2345 or 265-5022

VOLUNTEER CORNER

Volunteer Corner is courtesy of the Vaad Ha'ir.

All beneficiary agencies are invited to list their volunteer opportunities.

Volunteer Opportunities

JEWISH FAMILY SERVICES

JFS is asking for your help now!

- There is now a very URGENT NEED to locate replacement (February and March) Kosher Meals on Wheels Drivers for Wednesdays and Fridays for downtown and Alta Vista routes to deliver hot meals to shut-in clients. Only 1 1/2 hours of your time required.

- Most urgent need ever to replenish pool of volunteer drivers for our senior clients' medical appointments. Florida, broken limbs and part-time jobs have resulted in declining driver numbers. We don't want to say no... so please HELP!

- Guttentog Program – Jewish seniors living in long-term care facilities express their sadness because of a lack of interested community visitors. Can you help a couple of times a month?

- Swimming companion needed for visually impaired gentleman. Sunday afternoon outings to the pool with him would help you get fit too. Twice monthly.

- Alta Vista senior who is quite housebound would love to share his love of music with a volunteer. Spend an hour a week sharing old tunes and listening to music together. Choose a time that works for you.

Call Bev at JFS immediately at 722-2225, ext. 304

THE BESS AND MOE GREENBERG FAMILY HILLEL LODGE

Are you available weekday mornings or afternoons?

We need your help! Call today to lend a hand at one of our programs

- Our Recreation Programs & Special Events – The fun stuff! *Daily require* assistance for portering and participating in activities and outings with the residents. Choose your event. Approx. 2 hours. Add your name to this call list.

- Oneg Shabbat program on Friday mornings needs extra help. If you're available from 9:45 am to 11:45 am to porter and participate in song... give us a call.

- Attend Shabbat Services and perform a Mitzvah at the same time! We are looking for young men over the age of 13 to assist residents and participate in the Services at the Lodge Synagogue, The Abraham and Dora Lithwick Chapel, on Saturday mornings. 3 hours credit for community service available each visit. Call to register. Female residents would also benefit greatly with assistance during Saturday morning Synagogue Services. Please call for further information.

- Attention High School students... Volunteer hours for community service requirement available Sunday afternoons. Call to register.

- Have shopping experience? Be available to accompany residents on short outings to the mall. Scheduling will be at your convenience, so add your name to the call list.

- Entertainers – Got a talent? Performers are welcome to appear and be enjoyed by all!

A little time goes a long way at the Lodge! Choose your time and day!

Please call Cheryl Cogan, Co-ordinator of Volunteers at 728-3900 ext. 191. Or email ccogan@hillel-ltc.com
Students welcome (please note: children under the age of 14 require adult accompaniment)

Historical non-fiction that reads like fiction

Three recent historical non-fiction titles that even fiction junkies will want to sample. And all illustrated with black and white photos.

The Orientalist: Solving the Mystery of a Stronge and Dangerous Life

By Tom Reiss
Random House
Hardcover, 2005

Here's a premise for you: a famous Muslim prince from oil-rich Baku, Azerbaijan, becomes a best-selling author, bailed in Nazi Germany. Except that Essad Bey, otherwise known as Kurban Said, isn't a Muslim prince. He's not even Muslim. And neither Bey nor Said are his real names. This so-called prince is, in fact, Liova (Lev) Nussimbaum – a Jew. And this is his most unusual story.

As Reiss writes: "[Nussimbaum] was a rogue and a seducer, but never a con artist, as he was accused of being. He was an ideological Houdini, becoming a racial and religious cross-dresser in a decade when race and religion were as fixed as a death sentence."

In stumbling upon his story in 1998 while researching Baku's oil boom for an article he was writing, Reiss (a journalist – *The New York Times*, *The New Yorker*, *The Wall Street Journal*) became hopelessly intrigued; so hopeless that he devoted five years to piecing together the short but colourful life of the man who would be prince. What he discovered was "a sprawling, improbable tale," really the stuff of movies.

It starts with Nussimbaum's beginnings in Baku, where he was born in 1905 to wealthy Ashkenazi Jews. He grows up with a German governess after his mother dies while he's still a young boy, and because it was dangerous for Jews in Baku, is kept protected and isolated within his palatial home with only his imagination for company.

He cultivated that imagination for most of his life, reinventing himself, first as an Oriental, then as a German, never fully being either. Very early on, he becomes fascinated with the Kipta, or Bani Israel – the fierce-looking tribal mountain Jews of Azerbaijan, who dressed as Orientals and looked "more Cossack than the Cossacks."

The book follows his life through many different countries and identities, detailing the high points (becoming a Weimar media star, marrying an heiress) and low periods (being ostracized by his Islamic colleagues, his much-publicized divorce), to end with his demise from Reynaud's syndrome in Positano, Italy, in 1942.

He was 36, and he had written 15 books (excluding the two under his name Kurban Said) – "an average," writes Reiss, "of one book every ten months." His story is unarguably stranger than fiction.

And the Dead Shall Rise

By Steve Oney
Random House
Softcover, 2003

This is the true story of the savagely sexual murder of 13-year-old Mary Phagan, a pencil factory worker, and the lynching of the factory's 29-year-old superintendent, a college-educated Jew named Leo Frank.

The setting: Atlanta, Georgia. The time frame: 1913 to 1915.

Oney has written a gripping story that takes readers through the police investigations, the theories for Phagan's death, the suspects, the insinuations, the media sensationalism that characterized Frank as a sexual predator, the



The Book Beat

Kinneret Globerman

anti-Semitism card – all of the complexities of the prurient court case that made national headlines.

It's investigative journalism at its best, not only because of the mass of material Oney diligently sifted through and wove into the story, but also because of his keen observations and the way the story is told: with the backdrop of Atlanta's deep south history, the multitude of characters (detectives, police, reporters, socialites) and excerpts from the trial.

From the discovery of Phagan's body and the crime investigation, to the court case, appeals, commutation of Frank's sentence, to his attempted murder while incarcerated, and then his vigilante kidnapping from jail and horrific hanging, Oney has masterfully crafted together a story that has never before been fully told.

The Gate of Heaven: The Story of Congregation Shaar Hashomayim of Montreal, 1846-1996

By Rabbi Wilfred Shuchat
McGill-Queen's University Press
Hardcover, 2000

When the small congregation on St. James Street began, it immediately set itself apart from the more veteran Spanish Portuguese synagogue with its Ashkenazi membership. When it laid its cornerstone on a piece of land on St. Constant Street in 1859, it was known as the English-German-Polish Congregation. It wasn't until it moved to McGill College Avenue in the late 1880s that it became the Shaar Hashomayim. Today, it is located in Westmount on Côte St-Antoine Road.

Rabbi Shuchat, the synagogue's spiritual leader from 1946 until his retirement in 1993, has culled archival material and his own memory to write a readable chronicle on this prestigious shul. Its appeal comes not only from learning about its development as the second oldest congregation in Canada (the oldest Ashkenazi shul), but also from its historical context – the Montreal community, the historical and social underpinnings of its 150-year history, the growth of the Jewish population (together with their organizations) in Quebec and in Canada. Lots of interesting material here, including listings and pictures of its congregational presidents, special events, and excerpts from meeting minutes.

At the Greenberg Families Library:

The Book Discussions series on 20th Century Jewish classics continues with *Book Beat* columnist and freelance writer, Kinneret Globerman.

On Wednesday afternoon, March 2, at 1:30 pm, *The Family Cornovsky* by Israel Joshua Singer will be reviewed. It's Singer's last completed novel – an inter-generational saga tracing the effects of assimilation on a family of German Jews.

Pre-registration is required. Free for all members with presentation of membership card; \$5 for non-members.

Call the Library for more information (798-9818, ext. 245).

I got used to it

You are what you get used to. As children in downtown Toronto, my brother and I were just about the only Jews in the neighbourhood. We went to a public school where we got a good Protestant education. Clergy from the United Church, the Anglican Church or the Presbyterian Church came in once a month and gave us a sermon. Everyone learned the Lord's Prayer. And I got to learn all these neat songs about Jesus and Christmas.

In kindergarten, I learned how Jesus was this nice guy in flowing robes who used to go around doing good deeds with his band of merry men. Or was that Robin Hood? They sort of ran together for me and I was unclear on the distinction.

Imagine how indignant I felt when some boys claimed that because I was Jewish, I had killed him. What? Me kill the nice guy in the bathrobe and sandals? I don't think so!

My older brother's best friend used to shlep me to Sunday school at the United Church until I started to go to Cheder. I got to learn some nice hymns, which stood me in good stead at Remembrance Day and graduation ceremonies. In Grade 9, I was the only Jewish boy in my class, but discovered that I was also the only one who knew that, according to some sources, Jesus and John the Baptist were related.

I found all of this stuff interesting and fascinating, but it never crossed my mind that this was somehow connected to who I was or what I believed. I suppose I was wearing the armour of being a refugee among native-born Canadians, of having parents who spoke English with an accent and of having Yiddish as my first language.

Indeed, I thought of the world as divided into two. There were Yiddish people like me and my family. And then there was everybody else - the English. In my world view, if you

were not one, you were the other. My Chinese neighbours were, to my mind, English. The French Canadian family who lived around the corner was English. They had to be. They weren't Yiddish. It's what I had gotten used to.

It was a complete shock to my system when I met Jews who spoke only English. I was wary of them. I first encountered these strange creatures in Cheder where for years we had been studying Chumash by reading it in Hebrew and translating it into Yiddish. One year some of the students complained their Yiddish was not good enough. One even said he didn't speak it or understand it at all. This was beyond comprehension - but I got used to it.

As a family, we went to shul only on the High Holidays and for the occasional Bar Mitzvah or wedding. I was flummoxed to learn that some people went to shul every Saturday. What would you do there anyway? Strange habit - but I got used to it.

Thank goodness for Cheder where I went by myself after school. In those innocent days, when I was 7, my parents



Humour me, please

Rubin Friedman

sent me alone on the subway to then transfer to the street car on Dundas and then return the same way at 8:30 pm. There I learned about getting your knuckles rapped with a ruler, storing *shemeshkes* (saliva-laden sunflower seed shells) in the desk, and throwing spit balls when the teacher was busy. An outstanding education! But I got used to it.

In the end I discovered I liked Jewish history and Jewish learning. It grew on me as I grew up. In one of life's little ironies, despite our immersion in a non-Jewish environment until we were teenagers, both my brother and I ended up working for the Jewish community. But I've gotten used to it.



Judaic Outreach Programs

March - April 2005

Leah Smith, Judaic Program Supervisor • 266-0544

Date	Program	Place	Time
Wednesdays	Hebrew 101 Rena Herman	Tamir Boardroom 11 Nadolny Sachs	5:30 - 6:30
Wednesdays	Joys of Judaism Rena Herman & Leo Lightstone	Tamir Boardroom 11 Nadolny Sachs	6:30 - 7:30
Wednesdays	Jewish Meditation Made Simple Leah Smith & Cantor Benlolo	Tamir Head Office 11 Nadolny Sachs	6:30 - 7:30
Thursdays	Sing & Play Along Rena Herman	842 Broadview Fun For Everyone	3:30 - 4:30
Thursdays	Tamir Choir Cantor Benlolo & Leah Smith	Tamir Boardroom 11 Nadolny Sachs	6:00 - 7:00
Friday March 4	Kabbalat Shabbat & Friendship Dinner Adath Shalom RSVP	Hillel Academy Chapel 31 Nadolny Sachs	6:00 - 9:00
Saturday March 19	Tamir Chnir Leads Services Everyone welcome to attend	Beth Shalom Downtown 151 Chapel Street	9:30 - 12:30
Sunday March 20	Purim Leah Smith RSVP	Rideau Regional Centre Smiths Falls	11:00 - 3:00
Wednesday March 23	Baking & Noshing Hamantaschen for Purim	Hillel Lodge 10 Nadolny Sachs	6:30 - 8:00
Thursday March 24	Megillah Reading Purim Carnival - Dress-up	Beth Shalom Downtown 151 Chapel Street	6:30 - 8:45
Wednesday March 30	Shabbat Table Workshop Rabbi Blum	Tamir Boardroom 11 Nadolny Sachs	6:30 - 7:30
Sunday April 3	Sing & Play Along Program Adath Shalom RSVP	Temple Israel 1301 Prince of Wales Drive	3:00 - 4:30
Sunday April 17	Passover Leah Smith RSVP	Rideau Regional Centre Smiths Falls	11:00 - 3:00
Thursday April 28	Passover 3rd Seder Led by Participants & Benlolo	Location TBA	5:00 - 8:00



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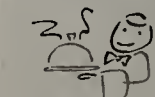
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*Gishur - גישור - modern Hebrew for Alternative Dispute Resolution (A.D.R.) literally "Bridging"

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Economic and political decisions affect Israel economy

In recent years, the downturn in global tech markets and the impact of the intifada has drastically hurt the Israeli economy.

However, 2004 was a good year for tech exports and tourism is beginning to rebound and hopefully will continue to improve in the post-Arafat period.

The social economy

The bad news is that Israel's increasing participation in a more intensely competitive global economy has been accompanied by a reduction in the social safety network.

The belief in the 1990s that high-tech success would make Israeli programs and social policies increasingly self-sustaining evaporated with the collapse of the tech bubble.

Instead, our organizations that support social institu-



Global Shtetl The Jewish Internet

Saul Silverman

tions in Israel have had to become more hardworking and well funded for the long haul.

Even if prospects for peace and security are realized, no one can assume that the problems of our Israeli brothers and sisters will magically disappear.

Consider this - one in eight Israeli children lives below the poverty line. No one can afford to slack off.

Economic diplomacy

Both the United States and Europe are well along on the path of intensified economic diplomacy affecting Israel and other Middle Eastern countries.

The U.S. negotiated free trade agreements with both Israel and Egypt, using the principal of linkage. Egypt got freer admission to the U.S. markets on condition that it agreed to open a minimum percentage of its markets, in certain areas, to goods from Israel.

The Europeans (who will have a common land-border with Iraq, Iran and Syria when Turkey is admitted to the European Union) have been working hard to realize the Gaullist vision of a Eur-Africa/Middle East system, by moving forward measures that link Mediterranean countries in economic and anti-terrorist arrangements with the EU.

Israel has been a participant in the meetings, together with North African countries, Egypt and Syria, and other states with which it has previously had limited cooperation.

The signs, on the surface, are encouraging - at least in contrast to a few years ago, when the EU was best known

for beating up on Israel. But the keystone of negotiations is that "there ain't no such thing as a free lunch" - you get something only if you give something in return.

"Economic diplomacy" is not only about economics. It is also a way of effectively exercising influence. Israel's moves toward practical globalization affects the balance of interests within Israel and shapes tradeoffs in other policy areas.

This will intensify the divisions within Israel between pragmatists, focused on day-to-day, and those who are dubious about how high a price should be paid in on-the-ground security to increase market access. Carrots contribute to good health, but how much are you willing to pay for a bunch of carrots?

Economics drives matters of far greater consequence, affecting both the hopes and the fears for the future of the Jewish state.

Websites

Business Week provides a positive update: http://www.businessweek.com/magazine/content/05_02/b3915024_mz010.htm

The Washington Times (Jan. 30/05) - "Israel and the Peace Economy" reviews the significance of the appointment of former Citibank's vice-chairman Stanley Fischer as the new head of the Bank of Israel, and reviews many of the issues addressed in this column: <http://www.washtimes.com/upi-breaking/20050128-034407-6049.htm>

Globes - daily economic-financial newspaper: <http://www.globes.co.il/serveen/default.htm>

Carl Schemm, a freelancer based in Cairo, provides a good background on Egyptian-Israeli trade negotiations, brokered by the U.S., in his article "An abrupt reconciliation that made good business sense," in the *Beirut Daily Star*: http://www.dailystar.com.lb/article.asp?edition_id=10&category_id=5&article_id=11968

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Mazal Tov!

It's a boy!

Beckenstein/Goldstein - Shael, Julia and big brother Jacob are ecstatic to announce the birth of Jonah Aidan on January 14, 2005. Proud grandparents are Brian Goldstein and Francine Schlessinger, Hy and Myrna Beckenstein and the late Eleanor Beckenstein of Toronto. Jonah Aidan is named in loving memory of his Great Bubby Frances (Fayga) Goldstein.

It's a boy!

Nausikaa and Tavi Weisz are pleased to announce the arrival of their first child, son David G. Weisz, born in Ottawa on January 19, 2005. Honorary grandparents are Kvatterin Judy and Kvatter Arthur, Grandparents Ildi and Tuto, grandmother Judith, Aunt Leila and Uncle Adi are extremely anxious to see this precious little gift of life.



It's a boy!

Kardash/Bloomstone - Zahava and David are thrilled to announce the birth of their son Robert Michael on January 6, 2005, in Toronto. Brother for Andrew and Laila. Thrilled grandparents are Gary and Irene Bloomstone and Sid and Cally Kardash. Proud great-grandparents are Leon Gluzman and Pinney Kardash.

Send us your good news (\$42 + gst)

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call Margie Kardash 798-4696, ext. 256

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Barry Fishman, for editorial matters	ext. 264
Margla Kardash, for advertising, subscriptions and other business matters	ext. 256
Brenda Van Vliet, for desktop publishing and production matters	ext. 275

Ottawa Jewish
bulletin

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e-mail: bglobe@jccottawa.com



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HOLOCAUST CONTINUING EDUCATION FUND
Thank you to:
Claude Davis by Edie and Erwin Koranyi.

GREENBERG FAMILIES LIBRARY ENDOWMENT FUND

In memory of:
Lena Schechter by Estelle and Sidney Backman; by Donna and Stephen Guttman.
Ethel Greenbaum by Cindy Feingold and Roger Greenberg; and by Harvey Slack.

HILLEL LODGE LEGACY FUND

In memory of:
Judge Joseph Mendelson by Elaine, Wesley, Adam, Josh and Michael Schacter.
Isaac Moses by Elaine, Wesley, Adam, Josh and Michael Schacter.
Muriel Rothschild by Ed and Betty Rose.

JEWISH YOUTH LIBRARY ENDOWMENT FUND

In appreciation to:
Mr. and Mrs. Bernard Rainer by Joseph and Oseva Caylak.
In memory of:
Rabbi Raskin by Dr. Joseph and Devora Caylak.

Mazel Tov to:
Rabbi Pesach and Esther Sperlin on the marriage of their daughter by Joseph and Devora Caylak.
Joel and Rachel Diana on the birth of their grandchildren by the Board of Directors of the Jewish Youth Library of Ottawa.
Ed and Betty Rose on the engagement of their daughter Dana by Sarah and Arnie Swedler.

ADINA BEN PORAT MACHOH SARAH TORAH EDUCATION FUND

In memory of:
Aron Rabin by Aaron and Shelley Sama.



Mazel Tov to:
Bert and Sophie Koenig on the marriage of their granddaughter Hadassah Rosenthal to Bezalel Lebovic by Marien and Elaine Brodsky and family.

OTTAWA TORAH INSTITUTE EDUCATION FUND
Mazel Tov to:
Ari and Irwin Hirberg on their son Hoam's engagement by Issie and Laya Scarowsky.

SOLOWAY JEWISH COMMUNITY SUMMER CAMP SCHOLARSHIP FUND

In appreciation to:
Leonard Stern by Early Beginnings Day Care.
In memory of:
Norman Loeb by Cindi and Mark Resnick and family.
Lorraine Loeb's sister by Cindi and Mark Resnick and family.
Bob Gordon by Cindi and Mark Resnick and family.

TORAH ACADEMY OF OTTAWA TORAH EDUCATION FUND

Mazel Tov to:
Rabbi and Mrs. Yarmush on the birth of their son by the Scarowsky family.

YITZHAK RABIN HIGH SCHOOL FUND IN MEMORY OF EVA WINTHROP

In memory of:
Lillian Mehlman by Audrey and Irwin Kreisman and family.

HILLEL ACADEMY ENDOWMENT FUND HY HOCHBERG MEMORIAL LECTURE FUND JEWISH COMMUNITY CEMETERY HOLocaust MEMORIAL FUND

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OTTAWA JEWISH HISTORICAL SOCIETY FUND
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SOLOWAY JEWISH COMMUNITY CENTRE
ENDOWMENT FUND
SOLDWAY JEWISH COMMUNITY CENTRE
YOUTH SERVICES FUND

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of February 2, 2005.

AJA 50+ ENDOWMENT FUND

Speedy recovery to:

Jean Naemark by Sylvia Monson.

In memory of:

Lena Schechter by Rhoda and Bert Blevis; by Molly Hirsch and Eric Elkin; by Sylvia Monson; by Flo and Joel Morgan; by Irene Waxman; by Cynthia Engel; by Rhoda and Bernie Zilfin; by Chik and Rose Taylor; by Lia Hahans and Len Politz; by Sylvia Freeman; by Paula Politski; by Ian and Estelle Melzer; and by Mitchell Bellman and Nicola Hamer.

In appreciation to:

Charles Daffin by AJA 50+.

BELLA AND MAX ALTMAN ENDOWMENT FUND

In memory of:

Freda Radnoff by Helen Leikin, Helen and Joe Hochberg.

AHNE AND LOUIS ARON MEMORIAL FUND

In memory of:

Freda Radnoff by Daphne and Stanley Aron.

JEHNE AND ISADORE LEWIS ARON MEMORIAL FUND

In memory of:

Rachel Nadelny by Ilona Feldman and family.

ALYCE AND ALLAN BAKER FAMILY FUND

In memory of:

Rachel Nadelny by Alyce and Allan Baker.

Birthday wishes to:

Trudy Wiseman on her special birthday by Alyce and Allan Baker.

Gerry Carman on his special birthday by Alyce and Allan Baker.

Bernie Dolansky on his special birthday by Alyce and Allan Baker.

Norm Glube on his special birthday by Alyce and Allan Baker.

Skippy Kronick on his special birthday by Alyce and Allan Baker.

R'ueh Sh'lemeh to:

Alan Blostein by Alyce and Allan Baker.

RICKI AND BARRY BAKER ENDOWMENT FUND

Mazel Tov to:

Cally and Sid Kardash on the birth of their grandson by Ricki and Barry Baker and family.

George and Rhoda Caplan on the birth of their grandson by Ricki and Barry Baker and family.

Sunny and John Tavel on the birth of their grandchild by Ricki and Barry Baker and family.

Barbara and Sid Cohen on the birth of their grandchild by Ricki and Barry Baker and family.

In memory of:

Lena Schechter by Ricki and Barry Baker and family.

ABRANAM AND RACHEL BAROOK MEMORIAL FUND

In memory of:

Rachel Nadelny by Cynthia and Max Weinstein.

Speedy recovery to:

Pepl Guit-Zuckerbrodt by Cynthia and Max Weinstein.

MYRNA AND NORMAN BARWIN FOUNDATION OF THE PINCHAS ZUKERMAN MUSICAL SCHOLARSHIP FUND

In memory of:

Lena Schechter by Myrna and Norman Barwin.

Igor Livshits by Myrna and Norman Barwin.

In honour of:

Rabbi Howard Finkelstein by Myrna and Norman Barwin.

Mazel Tov to:

Marion and Shlomo Mayman on the birth of their grandchild by Myrna and Norman Barwin.

CLAIRE AND IRVING BERCOVITCH ENDOWMENT FUND

Mazel Tov to:

Claire and Irving Bercovitch on the engagement of their son Bruce by Sarah and Arnie Swedler.

MARTIN AND ELLIE BLACK ENDOWMENT FUND

In memory of:

Freda Radnoff by Martin and Ellie Black.

RONALD BODNOFF MEMORIAL FUND

In memory of:

Lena Schechter by Rhoda Bodnoff and family.

ARTHUR AND LINDA COGAS FUND FOR YOUNG WOMEN'S LEADERSHIP

In memory of:

Rachel Nadelny by Irwin and Audrey Kreisman; by Ricki and Barry Baker and family; and by Leonard Shore and Jane Mirsky.

MAX AND GRETE COHEN MEMORIAL FUND

In memory of:

Norman Loeb by Fern and Ed Cohen.

SANDI AND EDDY COOK FAMILY FUND

In observance of the Yahrzeit of:

Harry Gordon, a dear uncle by Sandi and Eddy Cook.

Congratulations to:

Sunny and John Tavel on the birth of their grandson Charles Abraham by Sandi and Eddy Cook and family.

In memory of:

Mary Yampolsky by Sandi and Eddy Cook.

HATHAN AND REBA DIEHER ENDOWMENT FUND

In memory of:

Judge Joseph Mendelson by Barbara, Joel, Jessie, Josh and Michael Oener.

MORRIE AND HELEN EISEN ENDOWMENT FUND

Speedy recovery to:

Alan Blostein by Helen and Mome Eisen.

CYNTHIA AND ABE ENGEL ENDOWMENT FUND

Birthday wishes to:

Cynthia Engel on her special birthday by Lorne and Louise Rachlis; and by Tracey Kronick

SDL AND BERTHA FELLER FAMILY FUND

In memory of:

Lena Schechter by Shirley Feller.

SAM AND SUSAN FIRESTONE ENDOWMENT FUND

In memory of:

Mary Yampolsky by Sam and Susan Firestone.

ROZ AND STEVEN FREMETH FAMILY FUND

In memory of:

Rachel Nadelny by Rosalyn and Steve Fremeth.
Judge Joseph Mendelson by Rosalyn and Steve Fremeth.

ALFRED AND KAYSA FRIEDMAN ENDOWMENT FUND

Congratulations to:

Sunny and John Tavel on becoming grandparents by Alfred and Kaysa Friedman.

In memory of:

Norman Loeb by Alfred and Kaysa Friedman.

GILBOA MAOZ FAMILY FUND

Congratulations to:

Mike Crepin on being named Ottawa's Coach of the Year by Tal Gilboa and Eitan.

In memory of:

Lena Schechter by Helen and Chaim Gilboa.

STAN AND LIBBY OLUBE FAMILY FUND

In memory of:

Judge Joseph Mendelson by Ariene and Norman Glube.
Norman Loeb by Malcolm and Vera Glube.
Lena Schechter by Malcolm and Vera Glube.

ANN GLUZMAN MEMORIAL FUND

Mazel Tov to:

Leon Gluzman on the birth of his great-grandson by Barbara and Len Farber.

Sid and Cally Kardash on the birth of their grandson by Barbara and Len Farber.

GEORGE AND MARY GOLDBERG ENDOWMENT FUND

Birthday wishes to:

Mary Goldberg by Morton and Sheila Tanner.

JEFFREY AND ENID GOLD FAMILY FUND

Mazel Tov to:

Agnes Lang and Jack Lehrer on their engagement by Enid and Jeff Gould and family.

Continued on page 22

FOUNDATION DONATIONS

Birthday wishes to:

Skip Kronick on his 60th birthday by Enid, Jeff, Andy, Mami, Jill, Alex and Hayley.

VICTOR AND RACHEL GOULD ENDOWMENT FUND

Birthday wishes to:
Rachel Gould by Anne Teller.

SANDRA AND MARVIN GRANATSTEIN ENDOWMENT FUND

In memory of:
Freda Radnoff by Sandra and Marvin Granatstein.
Lena Schechter by Sandra and Marvin Granatstein.

ZELDA AND JOHN GREENBERG ENDOWMENT FUND

Birthday wishes to:
John Greenberg on his 80th birthday by Margot, Claude and Max.

REBECCA AND CHARLES GUSSMAN MEMORIAL FUND

In memory of:
Doris Mayne by Natalie and Tom Gussman.

Mazal Tov to:
Esther Teitelbaum and Adam Peters on their engagement by Natalie and Tom Gussman.

GERALD AND HANNAH HALPERN ENDOWMENT FUND

In memory of:
Lena Schechter by Gerald and Hannah Halpern.
Muriel Rothschild by Gerald and Hannah Halpern.

Mazal Tov to:
Cally and Sid Kardash on the birth of their grandson by Gerald and Hannah Halpern.

MICHAEL DANIEL HILL MEMORIAL FUND

In memory of:
Ida Kerpel by the Rosental/Hill family.

Speedy recovery to:
Liba Alzenman/Cohen by the Rosental/Hill family.

HY AND PAULINE HOCHBERG ENDOWMENT FUND

In memory of:
Norman Loeb by Pauline Hochberg.

DOROTHY AND HY HYMES ENDOWMENT FUND

Anniversary wishes to:
Rita and Andy Van der Meulen on their 50th wedding anniversary by Dorothy and Hy Hymes.

ABRAHAM AND TZIPORA KARDASH MEMORIAL FUND

Birthday wishes to:
Allan Taylor by Mom and Dad.
Jerry Penso by Chick and Rose Taylor.

SAMUEL AND TILLIE KARDISH MEMORIAL FUND

In memory of:
Sam Kardish by Sarah and Arnie Swedler.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

Birthday wishes to:
Trudy Wiseman on her special birthday by Roz and Arnie Kimmel, Lisa, Adam, Sam, Michael and Sandra.

In memory of:

Freda Radnoff by Roslyn and Arnie Kimmel.

Mazal Tov to:
George and Rhoda Caplan on the birth of their grandson by Dan and Marilyn Kimmel.
Danny and Bev Cantor on the birth of their grandson by Dan and Marilyn Kimmel.

SHARON KOFFMAN ATHLETIC SCHOLARSHIP FUND

In memory of:
Lena Schechter by Fay and Barry Kottman.

DR. ERWIN AND EDIE KORANYI ENDOWMENT FUND

In memory of:
Igor Livshits by Erwin and Edie Koranyi.

Mazal Tov to:
Ron and Jennifer Vered on the birth of their son Daniel by Erwin and Edie Koranyi.
Zeev and Sara Vered on the birth of their grandson Daniel by Erwin and Edie Koranyi.

RIVA AND ABRAHAM KROLL MEMORIAL FUND

In observance of the Yahrzeit of:
Riva Kroll, a loving aunt and sister-in-law by Elen, Norton, Vicky and Bob, Harvey, Barry and Irwin and family.

JOAN AND RUSSELL KRONICK FAMILY FUND

Mazal Tov to:
Sunny and John Tavel on the birth of their grandson by Joan and Russell Kronick.
Rhoda and George Caplan on the birth of their grandson by Joan and Russell Kronick.
Jane Mirsky and Leonard Shore on the birth of a grandson by Joan and Russell Kronick.
Lena Schechter by Joan and Russell Kronick.

ISSIE AND EDITH LANDAU ENDOWMENT FUND

Mazal Tov to:
Maureen and Jeffrey Katz on the engagement of their daughter Jodi by Edie Landau.
Joe Landau by Edie Landau.

Speedy recovery to:
Esther Shapiro by Edie Landau.

Congratulations to:
Sian Labow by Edie Landau.

In memory of:
Esther Shapiro's brother Joey by Edie Landau.

MAYER AND ROSE LANDAU MEMORIAL FUND

In observance of the Yahrzeit of:
Nancy Segal, a dear sister by Morton and Sally Taylor.

HARRY AND ZENA LEIKIN ENDOWMENT FUND

In memory of:
Norman Loeb by Libby and Stan Katz.
Lena Schechter by Libby and Stan Katz.

BERNIE AND IDA LESH ENDOWMENT FUND

In memory of:
Charles Canoll by Ida Lesh.
Lena Schechter by Ida Lesh.

NORMAN AND ISABEL LESH ENDOWMENT FUND

In memory of:
Freda Radnoff by Isabel and Norman Lesh.

MURIEL LEVINE MEMORIAL FUND

In memory of:
Freda Radnoff by Stan and Cathy Levine and family.
Speedy recovery to:
Abe Hochberg by Stan, Cathy, Mira and Michael Levine.

RUTH AND RON LEVITAN ENDOWMENT FUND

In memory of:
Freda Radnoff by Ruth and Ron Levitan.
Lena Schechter by Ruth and Ron Levitan.

JOSEPH AND EVELYN LIEFF ENDOWMENT FUND

Mazal Tov to:
Ron and Jennifer Vered on the birth of their son by Norman and Francine Lieff.
In memory of:
Mary Yampolsky by Norman and Francine Lieff.

DAVID LOEB FAMILY FUND

In memory of:
Norman Loeb by Bess and Casey Swedlover; by Rose and Chick Taylor; and by Dorothy and Herb Nadolny.

NORMAN AND AMELIA LOEB ENDOWMENT FUND

In memory of:
Norman Loeb by Marilyn and Dan Kimmel; by Marjorie and Ben Achbar; and by Rose and Chick Taylor.

JACOB MALOMET MEMORIAL FUND

In memory of:
Lena Schechter by Diana and Alvin Malomet.

MORTY MAYBERGER UNITED JEWISH APPEAL GOLF TOURNAMENT FUND

In memory of:
Lena Schechter by Shelley and Morris Schachnow and Anne Blair.

MARION AND SHLOMO MAYMAN ENDOWMENT FUND

Speedy recovery to:
Donna Dolansky by Marion and Shlomo Mayman.
In memory of:
Lena Schechter by Marion and Shlomo Mayman.

BONNIE AND CHUCK MEROVITZ FAMILY FUND

In memory of:
Isaac Moses by Bonnie and Chuck Merovitz.
Rachel Nadolny by Bonnie and Chuck Merovitz.
Lena Schechter by Bonnie and Chuck Merovitz.

DAVE, LOUIS AND LAZ MIRSKY ENDOWMENT FUND

Speedy recovery to:
Naomi Pearlman by Sbyl and Laz Mirsky.
Mervin Mirsky by Sbyl and Laz Mirsky.

NORMAN AND ANNE MIRSKY MEMORIAL FUND

R' Leah Sh'lemah to:
Sheila Baslaw by Millie and Steve Mirsky.
Naomi Pearlman by Millie and Steve, Mary and Paul Mirsky.
Mazal Tov to:
Jane Mirsky Elvenworth on the birth of her grandson by Millie and Steve, Mary and Paul Mirsky.

PEARL AND DAVID MOSKOVIC ENDOWMENT FUND

In memory of:
Lena Schechter by Pearl and David Moskowic.

ELLEN, SHARON, LAWRENCE AND LYNDIA NADOLNY FAMILIES FUND

In memory of:
Rachel Nadolny by Linda, Bruce, Ben, Rebecca and Noa.
Birthday wishes to:
Elen and Ron Cherney on their special birthdays by Audrey, Irwin, Sarah, Anelle and Joshua Kreisman.

DOROTHY AND HERBERT NADOLNY FOUNDATION

In memory of:
Lillian Meizman by Rose and Chick Taylor.

OTTAWA JEWISH COMMUNITY FOUNDATION ENDOWMENT FUND

In memory of:
Norman Loeb by the Cabinet and Staff of the United Jewish Appeal of Ottawa.
Lena Schechter by the Executive, Board and Staff of the Ottawa Jewish Community Foundation; and by the Officers, Executive, Board and Staff of the Jewish Community Council of Ottawa/Vaad Ha'R.

OSCAR AND NINA PETIGORSKY FAMILY MEMORIAL FUND

In memory of:
Lena Schechter by Dan and Marilyn Kimmel.

PREHOOGAN FAMILY FUND

IN MEMORY OF AARON HARRY COHEN
In memory of:
Frances Pinsky by Sandi and Sam Bercovich.

DAVID AND FREDA RADNOFF FAMILY FUND

In memory of:
Freda Radnoff by Anita and Mendel Shore; by Leonard Shore and Jane Mirsky; and by Alan Freed.

MOE AND SARAH RESNICK ENDOWMENT FUND

In memory of:
Leon Kurtz's father by Gordon, Penny, Zac and Steven Resnick.
Speedy recovery to:
Lillian Teller by Gordon, Penny, Zac and Steven Resnick.
Alan Blostein by Gordon, Penny, Zac and Steven Resnick.

FLORENCE AND GDALYAH ROSENFELD ENDOWMENT FUND

In memory of:
David Isenman's mother by Florence and Gdalyah Rosenfeld.
Sam Maftin by Florence and Gdalyah Rosenfeld.
Congratulations to:
Rita Kreiberg on being honoured by the American Jewish League for Israel by Florence and Gdalyah Rosenfeld.
Mr. and Mrs. Dave Maftin on their marriage by Florence and Gdalyah Rosenfeld.
Anniversary wishes to:
Florence and Gdalyah Rosenfeld on their wedding anniversary by Judy Wolke; and by Libby and Stan Katz.

RICHARD ROTH AND RIVA LEVITAN FAMILY FUND

Speedy recovery to:
Steve Bloom by Richard Roth and Riva Levitan.
In memory of:
Lena Schechter by Richard Roth and Riva Levitan.

RICKIE AND MARTIN SASLOVE FAMILY FUND

In memory of:
Lawrence Weber by Rhoda and Jeffrey Miller.

HARRY AND FRANCES SAXE MEMORIAL FUND

In memory of:
Frances Saxe by Alan Freed; and by Rose and Chick Taylor.

SYLVIA AND HARRY SHERMAN MEMORIAL FUND

In memory of:
Norman Loeb by Louis and Jack Sherman.

HARRY AND SYLVIA SHINDER MEMORIAL FUND

In memory of:
Lena Schechter by Eliel and David Malek.
Igor Livshits by Eliel and David Malek.
In honour of:
Jodi Katz and Jeff Stour's engagement by Eliel and David Malek.

ISRAEL AND REBECCA SHORE MEMORIAL FUND

In memory of:
Doris Mayne by Leonard Shore and Jane Mirsky.

FAY AND JOSEPH SHULMAN ENDOWMENT FUND

In memory of:
Rose Chankowsky by Marcia and Charles Rak.

LOUIS AND STELLA SLACK MEMORIAL FUND

In observance of the Yahrzeit of:
Clara Slack, a dear mother by Harvey Slack.
Birthday wishes to:
Neil Moore on his 50th birthday by Myra and Lester Aronson.
Nate Miller on his special birthday by Myra and Lester Aronson.
Mazal Tov to:
Sunny and John Tavel on the birth of their grandson Charles Abraham by Myra and Lester Aronson.
In memory of:
Lena Schechter by Bonnie Carroll and family.

Continued on page 23

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FOUNDATION DONATIONS

MDE AND CHARLOTTE SLACK MEMORIAL FUND

In memory of:
Lena Schechter by Marlene Levine and Andrew Siman.

SAM AND SUE SLACK ENDOWMENT FUND

In memory of:
Mary Yampolsky by Seymour, Joy, Jess, David and Jared Mender.

Lena Schechter by Harvey Slack; by Sue Slack; by Seymour, Joy, Jess, David and Jared Mender; and by David, Sharon, Ryan, Jaye and Brody Appolite.

NATHAN AND THELMA STEINMAN ENDOWMENT FUND

Birthday wishes to:
Mollie Fine on her special birthday by Gail and Stephen Victor and family.

WILLIAM "BILL" STERNBERG MEMORIAL FUND

In memory of:
Lena Schechter by Laya and Ted Jacobsen.
Igor Livshits by Laya and Ted Jacobsen.

Thank you to:
Eric Cohen by Laya and Ted Jacobsen.

Speedy recovery to:
Alan Blostein by Ted and Laya Jacobsen.

MAX AND PHYLLIS STERNTHAL FAMILY FUND

In memory of:
Peppy Cohen by Phyllis and Max Stiemthal.
Lena Schechter by Phyllis and Max Stiemthal.
Freda Radnoff by Phyllis and Max Stiemthal.
Norman Loeb by Phyllis and Max Stiemthal.

HAROLD AND RUTH SWEDLÖVE MEMORIAL FUND

In memory of:
Lena Schechter by Freda Lithwick.
Speedy recovery to:
Naomi Pearlman by Freda Lithwick.

RUTH TALLER MEMORIAL FUND

Birthday wishes to:
Jack Lazarek on his 60th birthday by Steven and Linda Kerzner.

CHARLES AND RAE TAVEL MEMORIAL FUND

Mazal Tov to:
John and Sunny Tavel on the birth of their grandson by Laurie Caplan, Phil, Kayla and Jaime Rimer; and by Simmy Gardner.
In memory of:
Lena Schechter by Lilyan Philipp.

IRVING AND ETHEL TAYLOR ENDOWMENT FUND

In memory of:
Steven Marks by Irving and Ethel Taylor.
Lilly Perelmutter by Irving and Ethel Taylor.

GILAD, ARNIE AND RON VERED ENDOWMENT FUND

Mazal Tov to:
Ron and Jennifer Vered on the birth of their son by Barbara and Len Farber, and by Rose and Chick Taylor.

SARA AND ZEEV VERED ENDOWMENT FUND

Mazal Tov to:
Sara and Zeev Vered on the birth of their grandson by Barbara and Len Farber, and by Rose and Chick Taylor.

STEPHEN AND GAIL VICTOR ENDOWMENT FUND

In memory of:
Freda Radnoff by Stephen and Gail Victor.
Mazal Tov to:
Sunny and John Tavel on the birth of their grandson by Stephen and Gail Victor and the girls.

RUTH AND JOSEPH VINER ENDOWMENT FUND

In memory of:
Norman Loeb by Ruth and Joseph Viner.
Lena Schechter by Ruth and Joseph Viner.
Birthday wishes to:
Mollie Fine on her 90th birthday by Gary and Debra Viner and family.

HAZE WAINBERG FAMILY FUND

In memory of:
Lena Schechter by Haze Wainberg.
Peler Brojde by Haze Wainberg.
Speedy recovery to:
Alan Blostein by Haze Wainberg.

WASERMAN FAMILY MEMORIAL FUND

In memory of:
Sadie Waserman by Leonard Shore and Jane Mirsky.

MILDRED AND PERCY WEINSTEIN

ENDOWMENT FUND
Birthday wishes to:
David Shore on his special birthday by Millie Weinstein.
In memory of:
Freda Radnoff by Millie Weinstein.
Norman Loeb by Millie Weinstein.

SAM AND HELENE ZARET ENDOWMENT FUND

In memory of:
Judge Joseph Mendelson by Neil and Debi Zaret.
Mary Yampolsky by Neil and Debi Zaret and family.

PINCHAS ZUKERMAN MUSICAL EDUCATION FUND

In memory of:
Chipo Sambare's sister by Shira Dittawa.

THE SAUL AND EDNA GOLDFARB

B'NAI MITZVAH PROGRAM
RYAN JEREMY BAKER B'NAI MITZVAH FUND
In memory of:
Mary Yampolsky by Benita and Steven Baker and family.

Contributions may be made by phoning Bev Glube at 798-4696 extension 274, Monday to Friday. We have voice mail. Our e-mail address is bglobe@jccottawa.com. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. We accept Visa and MasterCard.

New!

Contributions
can now be made on-line
at www.jewishottawa.org.
Visit our website
and click on
the **NEW On-Line
Tribute Card Program!**
Found on the
Foundation page.

Jewish Community Service Awards

Members of the Jewish community
are invited to nominate individuals
to receive the following community awards
at the Annual General Meeting of the Vaad Ha'ir in early June.

Gilbert Greenberg Distinguished Service Award

The Gilbert Greenberg Distinguished Service Award
is the highest tribute that the Ottawa Jewish Community can bestow
on an individual for exceptional service over the course of many years.
Initiated in 1980, it bears the name of the late Past President
of the Vaad Ha'ir, Gilbert Greenberg, who exemplified the qualities
of leadership, which the award endeavours to recognize.

Freiman Family Young Leadership Award

The Freiman Family Young Leadership Award
recognizes an individual or an organization
within the Jewish community, under the age of 40,
who has contributed actively to the Jewish community
in the two or more years following his/her participation
in the Young Leadership Development Program,
or as a young leader rendered exceptional service
to the Jewish community.

The Shem Tov Community Volunteer Award

*"There are three crowns: the crown of Torah, the crown of priesthood,
and the crown of kingship; but the crown of a good name excels them all."*
- Rabbi Shimon

The Shem Tov Community Volunteer Award was created
to recognize an outstanding and active volunteer
with the Jewish community who, through many years of service,
has contributed to the enrichment of Jewish life in Ottawa.

Address Recommendations by March 31, 2005 to:

Nominations for Community Award
c/o Chair of the Selection Committee
Jewish Community Council of Ottawa/Vaad Ha'ir
21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9

For more information, please visit www.jewishottawa.org

NOMINATION FORM (Please attach another page to tell us more)

- ☐ Gilbert Greenberg Distinguished Service Award
- ☐ Freiman Family Young Leadership Award
- ☐ Shem Tov Community Volunteer Award

ABOUT YOU

Nominator name

Daytime Phone

E-mail Address

ABOUT NOMINEE

Nominee

Agency or Organization

E-mail Address

Detail community involvement and special contributions

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WHAT'S GOING ON February 21 to March 6, 2005

For a detailed listing
visit www.jewishottawa.org



CANDLELIGHTING BEFORE

Feb 25	✧ 5:27 pm
Mar 4	✧ 5:36 pm
Mar 11	✧ 5:46 pm
Mar 18	✧ 5:55 pm
Mar 25	✧ 6:04 pm
Apr 1	✧ 6:13 pm
Apr 8	✧ 7:22 pm
Apr 15	✧ 7:31 pm

**FRIDAY
FEBRUARY 21**
Hillel Academy PD Day, 8:30 am.

**TUESDAY
FEBRUARY 22**
Malca Pass Book Discussion Group, Book: Folgiman by Aharon Megged, Reviewer: Minda Wershof, 7:30 pm.

**THURSDAY
FEBRUARY 24**
Yitzhak Rabin High School, "Digital Picture Scavenger Hunt," 4:00 pm.



Inspiring Jewish Journeys
SJCC Annual General Meeting, 7:00 pm.

Hillel Academy PTA presents Ottawa clinical psychologist and author of The Pampered Child Syndrome, Dr. Maggle Mamen, Hillel Academy, 31 Nadohly Sachs Private, 7:30 pm.

**SATURDAY
FEBRUARY 26**
Agudath Israel Adult Education and Youth Committee in partnership with Hillel Academy, The Plzmon Choir, Agudath Israel Congregation, 1400 Coldrey Avenue, 7:30 pm.

**SUNDAY
FEBRUARY 27**
Congregation Machzikel Hadas presents Community buffet style dinner, 2310 Virginia Drive, 4:30 pm to 8:30 pm. Reservations: 521-9700.

**TUESDAY
MARCH 1**
JET, Jewish Unity Live (JUL),

Museum of Civilization, 7:00 pm.

**WEDNESDAY
MARCH 2**
Greenberg Families Library Book Discussion, "The Family Carnovsky," by Israel Joshua Singer, 1:30 pm.
Women's Health Lecture Workshop, 5:00 pm.

**FRIDAY
MARCH 4**
Young Adult Friday Night Dinner, Snaps Family home, 6:30 pm.

**SATURDAY
MARCH 5**
NCSY, Junk Food Road Trip to Krispy Kreme Montreal and Ben and Jerry's Factory In Vermont, 8:00 pm.
Young Adult Division, Winter Re-Launch Party, The Whiskey Bar, 110 York Street, 8:00 pm.



**SUNDAY
MARCH 6**
JSA of Ottawa and National Jewish Campus Life, Fashion

For Passion, an Israeli fashion show, The Drink, 130 George Street, 7:00 pm. Info and tickets, Tal Kha (236-2345 or 265-5022).

Musical group Andaluz concert "Songs of the Sepharad," Congregation Agudath Israel, 1400 Coldrey Avenue, 7:30 pm. Ticket info: 724-3214.

COMING SOON

WEDNESDAY, MARCH 16
The Enduring Legacy of Viktor Frankl by Rabbi Reuven Bulka, National Library of Canada, 395 Wellington Street, 7:30 pm.

TUESDAY, MARCH 29
SJCC Family Purim Carnival. Info: 798-9818 ext. 276

SUNDAY, APRIL 17
State of Israel Bonds, A celebration of community continuity in honour of Roz and Steve Fremeth and Bonnie and Chuck Merovitz. Info: 792-1142

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadohly Sachs Private.

This information is taken from the community calendar maintained by the Jewish Community Campus of Ottawa Inc. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by Brenda Schater, calendar coordinator at 798-9818 ext. 265. We have voice mail. Accurate details must be provided and all events must be open to the Jewish public. You may fax to 798-9839 or email to bschafer@jccottawa.com.

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**JEWISH ADULTS
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Saturday, March 5, 2005

The Whiskey Bar, 110 York Street • Cover: \$18

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For tickets, call Meg Friedman at 798-4696 ext. 270 or Leora Kimmel at ext. 248.



YOUNG ADULT DIVISION

Condolences

Condolences are extended
to the families of:

Rosalie Avery, Los Angeles
(sister of Marvin Avery)

Lillian Dubinsky

Tammy Gershberg, Montreal
(mother of Sid Gershberg)

Henry Goldstein, Montreal
(father of Cheryl Jaffee)

Ethel Greenbaum, Los Angeles
(mother of Yaffa Greenbaum)

Ida Moskow, South Africa
(grandmother of Jacquie Manchovsky)

Shirley Rose, Toronto and Ottawa

Moe Sax

Carol-Lynn Sherman

May their memory
be a blessing always.

The
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MARCH 2
FOR MARCH 21
MARCH 16
FOR APRIL 11
APRIL 6
FOR APRIL 25
APRIL 20
FOR MAY 9
MAY 4
FOR MAY 23
JUNE 1
FOR JUNE 20
JULY 6
FOR JULY 25
AUGUST 3
FOR AUGUST 22

AUGUST 17
FOR SEPTEMBER 5
AUGUST 31
FOR SEPTEMBER 26*
SEPTEMBER 21
FOR OCTOBER 10
OCTOBER 6
FOR OCTOBER 31
OCTOBER 26
FOR NOVEMBER 14
NOVEMBER 9
FOR NOVEMBER 28
NOVEMBER 28
FOR DECEMBER 12*
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